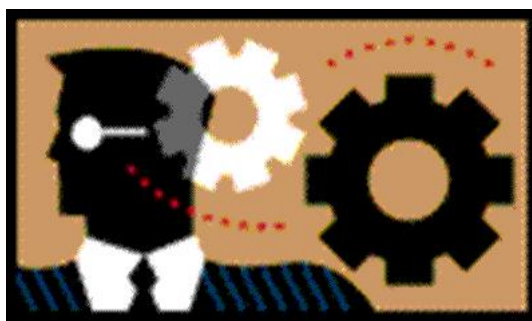




www.jewishmentalhealth.info
A guide to Jewish Mental Health Services in Greater London

This guide is the paper-based version of a website set up with Department of Health funding to help people in the Jewish community with mental health difficulties, their carers, and mental health professionals, to find out more easily what services are available to them in Greater London. It is important that culturally specific help is available because without sensitivity to dietary matters, the cycle of religious festivals, and even an understanding of the impact of holocaust experiences on survivors and their children, many mentally ill Jewish people would feel unable to take up the assistance they so badly needed. This prospectus and website www.jewishmentalhealth.info therefore list the different types of culturally-specific services which are available, where and when they are offered and by whom.



The website was developed by a partnership of JAMI, The Raphael Jewish Counselling Service, Jewish Care and Chizuk



www.jewishmentalhealth.info

16A North End Road
London NW11 7PH
020 8458 2223

www.jewishmentalhealth.info

Last updated on 10th Mar 2010 19:00



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A guide to Jewish Mental Health Services in Greater London

JAMI, Jewish Care, Chizuk, and The Raphael Centre Jewish Counselling Service produced this guide to improve access to information about mental health services in the Jewish community. We think this model of working across the whole Jewish community, despite differences in religious observance, is important. Because from one organisation's perspective, the other's practice may be seen as not reflecting their own values, providers are frequently not good at talking to each other or sharing information. This means provision is sometimes duplicated while at the same time needs go unmet. Equally, potential service users can find it very hard to find the provision they desperately need because potential referrers such as doctors and, indeed, other service providers are unaware of what is available in the community as a whole. This situation is not restricted to the Jewish community - other faith communities and providers of culturally specific services also suffer from the same barriers to access and choice. We will therefore share what we learn in developing this resource with other communities who may be interested in it.



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Providers' details are listed in the categories below. Please use these categories to find the service you are looking for. Full details of individual services are listed in alphabetical order after the index.

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3. Crisis Services
4. Support Groups
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Agudas Israel Community Services

Address Details

97 Stamford Hill

Hackney

London

N16 5DN

Email: mposen@agudas.org.uk

Phone: 020 8 800 6688

Fax: 020 8800 5000

Service Information

General advice services, including welfare benefits & immigration.

Service Access

Opening Times: Monday to wednesday - 10.00 to 1.00 pm

Catchment Area: London

Wheelchair Access: No

Self Referral: Yes

GP Referral: No

Mental Health Worker Referral: No



Agudas Israel Housing Association Ltd

Address Details

Agudas Israel Housing
206 Lordship Road
London
N16 5ES
Email: info@aihaltd.co.uk
Phone: 020 8 802 3819
Fax: 020 8 809 6206

Service Information

Agudas Israel Housing Association provides support and care for people with needs reflected in the ageing process and in addition has two satellite units for people with mental health problems. In addition Aguda manages mainstream housing services.

The main functions of the service are to provide a home for elderly people and to provide a service for people with mental health problems who may require support over a lesser or extended period of time.

Mainstream Housing. Therapy and counselling on group or individual basis. Individually tailored programme for all.

Service Access

Opening Times: 24 hour service for Schonfeld Sq. 9am-10.00pm for Beis Rochel and 30 Dunsmure Rd.

Catchment Area: UK

Age Limit: none

Public Transport: nearest bus service is 106, stops 1 minute from Schonfeld Sq. and immediately outside 52 Lordship Park. Nearest transport to 30 Dunsmure is 253. Nearest train to Schonfeld Sq. and 52 Lordship Park is Manor House.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Not Needed



Agudas Israel Housing Association Ltd: 30 Dunsmure Road - Supported Housing For Men

Address Details

30 Dunsmure Road

Hackney

London

N16 5PW

Email: lipszyc@aihaltd.co.uk

Phone: 020 8800 2860

Service Information

This is a mens hostel providing supported housing.

The main function of this service is to provide a therapeutic environment enabling clients to live independantly eventually.

There is a Scheme Manger on site who may be called out of hours as well. This house in located in a vibrant community and activities reflect this. There are several organisations in the vicinity providing services, such as the Kadima Centre and Chizuk.

Service Access

Opening Times: by appointment

Catchment Area: North London and UK

Age Limit: 70

Public Transport: Local transport Bus routes 253,254,476,67,76

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Agudas Israel Housing Association Ltd: Beis Pinchos Residential Home for the Elderly

Address Details

2 Schonfeld Square

Hackney

London

N16 0QQ

Email: hindi@aihaltd.co.uk

Phone: 020 8802 7477

Fax: 020 8809 7000

Service Information

We wish to create an inclusive environment where all people, regardless of need, whether physically or mentally frail, can enjoy interfacing with one another harmoniously and safely. The main function of Beis Pinchos is to do everything possible to enhance the quality of life of our client group. Where possible clients are encouraged to participate in their own care to encourage independence. Staff support the life style that each resident prefers, so that a holistic and individualistic approach to care is achieved. Our aim is to do everything possible to maintain the quality of life for our client group.

Beis Pinchos provides a wide range of activities including weekly visits from the GP, Physiotherapy, Counselling, Occupational Therapy, exercise classes, coffee mornings, residents meetings etc. There is also a daily programme of social activities. We have our own 17 seater bus for all transfers. There is a Shul on site.

Service Access

Opening Times: Visitors are always welcome with the exception of mealtimes and at night, as we have to ensure the security of our service users.

Catchment Area: North London nad UK

Age Limit: none. We are happy to accept younger people with dementia as well.

Public Transport: Bus route 106 Manor House Tube (Picadilly Line)

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Agudas Israel Housing Association Ltd: Beis Rochel - Supported Housing For Women

Address Details

52 Lordship Park
London Borough of Hackney
London
N16 5UD
Email: lipzyc@aihaltd.co.uk
Phone: 020 8802 2160
Fax: 020 8802 2160

Service Information

Beis Rochel is a ladies hostel providing accomodation in nine self contained units.
To provide a supportive environment for service users
In house activities Access to local facilities e.g. Kadimah centre etc. To facilitate and enable clients to live independantly.

Service Access

Opening Times: By appointment
Catchment Area: Hackney and National
Age Limit: 70
Public Transport: Bus 106 route Tube to Manor House
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Ahada Bereavement Counselling

Address Details

ABC
Oaks Lane
Newbury Park
Ilford
Essex
IG2 7PL
Email: rhodanineberg@yahoo.co.uk
Phone: 07758 727 328
Website: www.ahada.org.uk

Service Information

Ahada Bereavement Counselling is an independent registered charity serving the Jewish community.

Ahada Bereavement Counselling aims to offer free confidential counselling and support for members of the Jewish community living in Redbridge, neighbouring Boroughs and other areas of Essex who are:- i) Experiencing difficulties as a result of bereavement, or ii) Carers/family members to someone with a terminal illness. Counselling sessions take place in the client's home or our counselling room. Clients may refer themselves. Referrals may also be accepted from health care professionals and community leaders. Our service is completely confidential and all counsellors are fully trained and professionally supervised.

One to One Counselling. Telephone Counselling. Group Support Sessions. Self Help Groups. Bereavement Training to the wider community.

Service Access

Opening Times: 24 Hour Answerphone - Please leave your name and telephone number on the answerphone. Your call will be returned as quickly as possible.

Catchment Area: Redbridge, neighbouring Boroughs and other areas of Essex

Wheelchair Access: Not Known

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Arbib Lucas Charity

Address Details

Arbib Lucas
16 Sunny Hill
London
NW4 4LL
Phone: (020) 8 203 3567

Service Information

Provides financial assistance to women in reduced circumstances.
Provides financial assistance to women in reduced circumstances.

Service Access

Opening Times: N/A
Catchment Area: UK
Age Limit: None
Wheelchair Access: Not Needed
Self Referral: No
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Bikur Cholim D'Satmar Trust (BCDT)

Address Details

BCDT
Lower Ground Floor
123 Clapton Common
London
E5
Email: reception@bikurcholim.co.uk
Phone: 020 8 800 7575
Fax: 020 8800 7878

Service Information

A culturally appropriate mental health service including full assessments and counselling, therapy and CBT.

To provide early intervention for people with mild to moderate mental health issues.

link service users with other Bikur Cholim services including: Volunteer Service, Meals Service, Hospital Transport, Advocacy, Carers Support, Respite, Care.

Service Access

Opening Times: 9.30am - 5.00 pm Monday - Thursday 9.30am -12.30 pm Friday

Catchment Area: North London

Public Transport: Can be reached by 253 bus.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Birnbeck Housing Association Ltd

Address Details

Birnbeck Court
850 Finchley Road
London
NW11 6BB
Email: johnsilverman@btconnect.com
Phone: 020 8 201 8484
Fax: 020 8 731 8847

Service Information

2 x shared houses (1 x 8 bed and 1 x 9 bed) and 6 x 1 bedroomed flats in Brunswick Park London N11 for people recovering from mental health problems. Available to all religions
Housing

Service Access

Opening Times: Office open from 7.30 am to 4 pm
Catchment Area: Nationwide
Age Limit: none
Public Transport: bus route close by
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Chevrat Bikkur Cholim (Friends of the Sick)

Address Details

Friends of the Sick
463a Finchley Road
London
NW3 6HN
Email: info@friends-of-the-sick.org.uk
Phone: 020 7 435 0836

Service Information

We provide temporary or permanent carers to ill or elderly people within the community. Our carers are not licenced to provide personal care.
To provide help with daily routine such as shopping, cooking, transport to doctors or hospitals

Service Access

Opening Times: 9 am till 1.30 pm Monday to Thursday
Catchment Area: North West London mainly
Age Limit: n/a
Wheelchair Access: Not Needed
Self Referral: Not Needed
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Chizuk

Address Details

The Mental Health Organisation of the Orthodox Jewish Community
91-93 Stamford Hill
London
N16 5TP
Email: info@chizuk.org.uk
Phone: 020 8800 7494
Fax: 020 8802 5677

Service Information

The only organisation that exclusively provides a religiously and culturally sensitive environment for Orthodox Jewish people who have mental health problems

Chizuk's aim is to help people - and their families - in the Orthodox Jewish community who have mental health problems; reducing their sense of isolation, building confidence and encouraging them to take their place in society. Chizuk also offers help and support to those experiencing life crises. Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, hospital visits and advocacy. As the only mental health organisation that specialises in providing a religiously and culturally sensitive environment for its Orthodox Jewish users, Chizuk's function is also educational, in that it helps to combat stigma by changing the way that mental health is viewed in the community.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: every Monday
Catchment Area: Greater London
Age Limit: no limit
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Chizuk: Accommodation Service

Address Details

91-93 Stamford Hill

London

N16 5TP

Email: info@chizuk.org.uk

Phone: 020 8800 7494

Fax: 020 8802 5677

Service Information

Help with finding accommodation, either short term or long term

When you have mental health problems or you find the emotional challenges of life just too much to take, it can be difficult to find the sort of living environment where you feel safe, happy and supported. Chizuk is building up a list of adult placements where families are able to provide accommodation and support in a family atmosphere to help people on their way. We are planning a new women's hostel in the North West London area, and are working with local kehilloh organisations like Agudas Isreal Housing Association to achieve this. Their experience has already provided two hostels in North London for men and women respectively, where accommodation is available either short term or long term.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accommodation, hospital visits and employment projects.

Service Access

Opening Times: Office hours Monday to Thursday from 2:30-4:30

Age Limit: no limit

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Chizuk: Advocacy

Address Details

Advocacy
91-93 Stamford Hill
London
N16 5TP
Email: info@chizuk.org.uk
Phone: 020 8800 7494
Fax: 020 8802 5677

Service Information

We are there to help you speak up for yourself and to represent you if needed. Coping with our emotional ups and downs is often not easy. There is a listening ear at Chizuk, which does not judge you and can help you access support and guidance to make your emotional well being a priority once more. If you are feeling depressed and down and even the professionals do not appear to be listening, the advocacy service is there to help. Members of the advocacy service will go with you to hospital meetings, liaise with doctors, psychiatrists, local authorities and other kehillah organisations to support you. Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Office hours are 2:30-4:30pm Monday to Thursday. Messages can be left at any time, and we will be sure to get abck to you. In an emergency call 07830 160 925.
Catchment Area: London and the regions.
Age Limit: No limit
Public Transport: The Chizuk office is based in the Brenner Centre, 91-93 Stamford Hill. Easy access by bus and tube.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Chizuk: Melava Malkas for Women

Address Details

Motsei Shabbos Activities
various in Stamford Hill
London
Email: info@chizuk.org.uk

Service Information

Hosted by families in their own homes, an enjoyable monthly shabbos-type meal.
For members together with volunteers to have a relaxed and enjoyable evening.
Our services include drop-in groups, drama and art therapy, family support, befriending,
organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: 8/8:30pm
Age Limit: no limit
Public Transport: All venues are accessible via public transport, usually bus, depends on the venue.
Wheelchair Access: Not Needed
Self Referral: No
GP Referral: No
Mental Health Worker Referral: No



Chizuk: Men's Art & Creativity Group

Address Details

Men's Art Group
Brenner Centre
91-93 Stamford Hill
London
N16 5TP
Email: info@chizuk.org.uk

Service Information

A chance to express yourself through arts and creativity. We have over 40 crafts available. Opportunity to express your thoughts through art and creativity. With trained art teachers and therapists, this type of support opens up new horizons. Using pen and paper we can write our own productions. We then have another outlet in the form of drama. This gives all a chance to put their hopes and fears into the character of their choice. We already have successfully presented a public production. With music we have an impressive range to suit all tastes that come to us for truly creative emotional support. Tablets are not an answer in themselves, but together with our range of support, form a holistic and healthy approach to combat mental illness and ensure mental health in our community.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Monday and Thursday 3:30-5:30pm.

Age Limit: no limit

Wheelchair Access: Yes

Self Referral: No

GP Referral: Not Needed

Mental Health Worker Referral: Yes



Chizuk: Men's Drop in Group

Address Details

Men's Drop in Group for the orthodox community
91-93 Stamford Hill
London
N16 5TP
Email: info@chizuk.org.uk
Phone: 07971 572 992
Fax: 020 8 802 5677

Service Information

A support group for Jewish men.

Aimed at those who are or suffering from stress or have challenging mental health issues in their lives. A chance to meet other people and obtain support for the challenges of life. Hosted by members of the local community

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

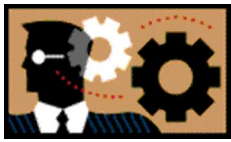
Opening Times: Fortnightly on a Thursday morning from 10.30am to 12.30pm.

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Chizuk: Men's Motsei Shabbos

Address Details

Email: info@chizuk.org.uk

Service Information

Hosted by families in their own homes, a fortnightly gathering.

Members get together in a relaxed atmosphere, food is served and there is usually a guest speaker. Musical entertainment is provided by members.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Fortnightly in the autumn and winter months

Age Limit: no limit

Wheelchair Access: Not Needed

Self Referral: Not Needed

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Chizuk: Supporting Mental Health in the Orthodox Jewish Community

Address Details

Chizuk
91-93 Stamford Hill
London
N16 5TP
Email: info@chizuk.org.uk
Phone: 020 8800 7494
Fax: 020 8802 5677

Service Information

The only organisation that exclusively provides a religiously and culturally sensitive environment for Orthodox Jewish people who have mental health problems.

Chizuk's aim is to help people -and their families- in the Orthodox Jewish Community who have mental health problems; reducing their sense of isolation, building confidence and encouraging to take their place in society. Chizuk also offers help and support to those experiencing life crisis.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Office hours from 2:30 to 4:30pm 24 hour answer phone call 07830 160 925 in emergency.

Catchment Area: London, Manchester and Gateshead

Age Limit: none

Public Transport: accessible via all forms of transport.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Chizuk: Women's Art & Creativity Group

Address Details

91-93 Stamford Hill

London

N16 5TP

Email: info@chizuk.org.uk

Phone: 020 8800 7494

Fax: 020 8802 5677

Service Information

Giving you an opportunity to express your thoughts through art & creativity. There are over 40 crafts to do. You can also come and meet people while you work and create.

Opportunity to express your thoughts through art and creativity. With trained art teachers and therapists, this type of support opens up new horizons. Using pen and paper we can write our own productions. We then have another outlet in the form of drama. This gives all a chance to put their hopes and fears into the character of their choice. We already have successfully presented a public production. With music we have an impressive range to suit all tastes that come to us for truly creative emotional support. Tablets are not an answer in themselves, but together with our range of support, form a holistic and healthy approach to combat mental illness and ensure mental health in our community.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Wednesday 10:30am-12:30pm

Catchment Area: All female users in North London

Age Limit: no limit

Public Transport: Art Group takes place in the Brenner Centre, Stamford Hill, accessible via bus and tube (Seven Sister sStation)

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Chizuk: Women's Drama Group

Address Details

91-93 Stamford Hill

London

N16 5TP

Email: info@chizuk.org.uk

Phone: 020 8800 7494

Fax: 020 8802 5677

Service Information

Drama group meets once a month, with dedicated teacher.

Our services include drop-in groups, drama and art therapy, family support, befriending, organising carers, advocacy, accomodation, hospital visits and employment projects.

Service Access

Opening Times: Once a month on a Tuesday, 8:30-9:45pm

Catchment Area: North London

Age Limit: no limit

Public Transport: Drama takes place in the Brenner Centre, 91-93 Stamford Hill, accessible via bus or tube (Seven Sisters Station)

Wheelchair Access: Yes

Self Referral: Not Needed

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Drugline

Address Details

Drugline-Chabad Ltd
395 Eastern Avenue
Gants Hill
Ilford
Essex
IG2 6LR
Email: info@drugline.org
Phone: 0808 1 606 606
Website: www.drugline.org

Service Information

Drugline is an independent drugs crisis, information and support charity based in London. It provides free and confidential information and support for people with drugs and alcohol related issues, their families and friends. If you need help, call our Freephone Crisis & Support Line on: 0808 1 606 606

Our service is non-judgmental, completely confidential and open to all. Drugline offers the following services: A Crisis & Support Line Crisis Intervention Crisis & Support Centre One-to-One Counselling Family Counselling Self-Help Groups & Aftercare Specialised Drugs Education Parents' Evenings Mentoring Groups Helping people affected by drug and alcohol related issues and other addictions. Freephone Crisis & Support Line 0808 1 606 606 Open to All (including affected families and friends)

Our services are also available in Hebrew, Yiddish, Bengali, Urdu and Gujarati by appointment. Volunteering - Drugline always requires volunteers to staff its telephone and drop in. There are other volunteering opportunities available in administration, helping with mailings, manning stands at events, fundraising, etc.

Service Access

Opening Times: Freephone Crisis & Support Line: Monday to Thursday 9am-5pm and 7pm-10.30pm Friday 9am-1pm Sunday 10am-1pm Drop In: evenings and Sunday as above.
Office hours Mon-Thurs 9.00-5.00, Friday 9am-4pm

Catchment Area: National

Age Limit: Face to face support/counselling over 18s only

Public Transport: BUS: The centre is served by a number of bus routes including the 123 and 66. TRAIN: The centre is two minutes walk from Gants Hill underground station on the Central line. Leave the station via the Eastern Avenue North exit.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Empathy

Address Details

Oaks Lane
Newbury Park
Ilford
Essex
IG2 7PL
Email: admin@empathy.uk.net
Phone: 07765 191067
Website: www.empathy.uk.net

Service Information

Counselling for members of Jewish families affected by separation and divorce
Counselling

Service Access

Opening Times: By appointment to suit clients
Catchment Area: Redbridge & surrounding Boroughs
Age Limit: None
Public Transport: Not provided - Counsellor near to the location of Client home address will be allocated
Wheelchair Access: Not Needed
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Ezer Leyoldos

Address Details

Children and Families Services
67 Amhurst Park
Stoke Newington
Hackney
London
N16 5DL
Email: mail@ezerleyoldos.co.uk
Phone: 020 8 880 2488

Service Information

We provide support services in the home to vulnerable children and families in the Orthodox Jewish community.

We provide practical support for vulnerable families within the home including help with childcare and cleaning during the post natal period. We provide personal care for children and adults with physical disabilities. We also provide one to one parenting skills development within the home for parents with learning disabilities or emotional/mental challenges.

We run parenting workshops periodically. We also provide meals cooked by volunteers to families after the birth of a baby.

Service Access

Opening Times: Monday to Thursday 9:30am - 5:00pm

Catchment Area: Orthodox Jewish families living in Hackney and Haringey

Age Limit: None

Public Transport: N/A Services take place in the service user's own home.

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Not Needed

Mental Health Worker Referral: Yes



Ezer North West

Address Details

Heather House
Heather Gardens
Barnet
London
NW11 9HS
Email: info@ezernorthwest.org
Phone: 020 8 458 9288
Fax: 020 8 458 9244

Service Information

We provide a counselling service to the Jewish community. Outreach service provided for disabled clients.

To improve the quality of people's lives. To enable them to cope with the challenges in their lives. Weekly counselling sessions are provided for adults and adolescents in a culturally appropriate environment. We provide a listening ear, play therapy for children, and support groups for parents. We provide the tools for change.

Ezer NW has a SEN Advisory and Advocacy Service. Family Service staffed by social worker. SEN Parent Support Group.

Service Access

Opening Times: Mon - Thurs When no one is available to answer the phone, leave a message so we can get back to you.

Catchment Area: NW & N London.

Age Limit: From age 5. No upper limit.

Public Transport: Buses 83,183,210,232,240. Northern Line: Brent Cross

Wheelchair Access: No

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



In Touch/Kids United

Address Details

In Touch
44 Chardmore Road
Hackney
London
N16 6JH
Email: intouchgroup@googlemail.com
Phone: 07813 648066
Fax: 020 8442 8379

Service Information

Support network for families raising disabled children.
Telephone helpline, Newsletters, Day trips, Respite breaks for parents, Support Meetings, Kids United - support for siblings.

Service Access

Opening Times: N/A
Catchment Area: Based in Stamford Hill. Open to anyone who wants to attend from all over England
Age Limit: Age 6 - 120 years
Public Transport: N/A
Wheelchair Access: Not Needed
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Industrial Dwellings Society (IDS)

Address Details

IDS
5th Floor, Ockway House
41 Stamford Hill
London
N16 5SR
Email: housing@ids.org.uk
Phone: 020 8 800 9606
Fax: 020 8 800 5990
Website: www.ids.org.uk

Service Information

IDS is a housing association specialising in the provision of accommodation for Jewish people in housing need.

The provision of affordable rented housing, associated welfare services and support for families and single people. Similarly, the provision of sheltered housing for the elderly.

Shared ownership housing (part buy, part rent). Provision of housing management and maintenance services for other Jewish organisations. Working with specialist organisations to provide housing for tenants with special needs.

Service Access

Opening Times: Monday to Friday, 9am - 5pm

Catchment Area: London Boroughs of Hackney, Redbridge, Barnet, Tower Hamlets and Southwark

Age Limit: None

Wheelchair Access: Yes

Self Referral: No

GP Referral: No

Mental Health Worker Referral: Yes



Interlink Foundation

Address Details

Interlink
Lower Ground Floor Offices
124 Stamford Hill
London
N16 6QT
Email: director@interlink-foundation.org.uk
Phone: 020 8 802 2469
Fax: 020 8 800 5153
Website: www.interlink-foundation.org.uk

Service Information

Umbrella organisation for the Orthodox Jewish Voluntary Sector

Service Access

Opening Times: 9am - 5:30 Mon - Thurs 9am - 1pm Fri
Wheelchair Access: Yes
Self Referral: Not Known
GP Referral: Not Known
Mental Health Worker Referral: Not Known



Jami

Address Details

The Jewish Association for Mental Illness
16a North End Road
Golders Green
London
NW11 7PH
Email: info@jamiuk.org
Phone: 020 8 458 2223
Fax: 020 8 458 1117
Website: <http://www.jamiuk.org/>

Service Information

JAMI provides mental health services to the Jewish Community.
We provide day services, community support, education & health promotion, befriending, hospital visiting, outreach, cultural and religious activities, advice and information, and social events.

Service Access

Opening Times: Various, depending on the service offered.
Catchment Area: Greater London
Age Limit: 18-55
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami House, Day Centre

Address Details

131 Golders Green Road
Golders Green
London
NW11 8HJ
Email: avril.cohen@jamiuk.org
Phone: 020 8731 7319
Website: www.jamiuk.org

Service Information

JAMI House provides an opportunity for people to join with others who may be experiencing some difficulty in their lives. Attendance at the day centre positively encourages social interaction. Activities include outings to exhibitions and museums whilst inhouse sessions include ceramics, art, dance movement therapy, swimming, yoga and discussion groups. Lively activities as well as providing a supportive and positive environment. Social work, advice, befriending scheme, retail training scheme, volunteering opportunities.

Service Access

Opening Times: 10.30am - 3.30pm, Sunday to Thursday.
Catchment Area: LONDON
Age Limit: 18 - 55
Public Transport: Golders Green underground station. Bus routes 13, 82, 83, 102, 183, 210, 226, 240, 328
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Advice and Information

Address Details

16a North End Road
Golders Green
London
NW11 7PH
Email: info@jamiuk.org
Phone: 020 8458 2223

Service Information

To offer telephone advice and information to members of the public, users of mental health services, carers, professional workers

To support callers who are seeking advice and information regarding a range of mental health issues.

Service Access

Opening Times: Monday - Friday 9am-4pm An ansaphone is available at all other times and your call will be returned

Catchment Area: London

Wheelchair Access: Not Needed

Self Referral: Not Needed

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Jami, Befriending Service

Address Details

16a North End Road

Golders Green

London

NW11 7PH

Email: tanya.harris@jamiuk.org

Phone: 020 8458 2223

Fax: 020 8458 1117

Website: www.jamiuk.org

Service Information

The JAMI Befriending Service carefully matches volunteers and service users to share in a social recreation programme. The Befriending Service aims to encourage those who are socially isolated to engage with their local community

Many people with mental health difficulties have very limited social lives. Together with a volunteer people can make use of local social, cultural and educational facilities within their local community. This valuable partnership provides an opportunity to practice social skills and develop self esteem and a sense of connection with the wider community.

Service Access

Opening Times: As mutually convenient.

Catchment Area: Greater London

Age Limit: 18-55

Wheelchair Access: Not Known

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jami, Carers' Support Group

Address Details

Jewish Association for Mental Illness, Carers' Support Group
Jami House
131 Golders Green Road
London
NW11 7PH
Email: info@jamiuk.org
Phone: 020 8 731 7319
Fax: 020 8 458 1117
Website: www.jamiuk.org

Service Information

The JAMI Carers Group offers emotional and practical support to people caring for or supporting people with mental health difficulties
a Carers' Support group runs monthly at Jami House on Thursday evenings. Facilitated jointly by Jami and Jewish Care staff, this project offers people invaluable input from professionals and other people who understand the problems of caring for people with mental health difficulties. This is an open access group which deals with the many issues related to caring for someone with severe mental health problems. Most group members are parents, anyone caring or supporting someone with mental health difficulties is welcome to attend
JAMI House social work, volunteering, hospital visiting, JAMI Outreach Service

Service Access

Opening Times: thursday evenings, monthly
Catchment Area: greater london & south-east
Age Limit: no limit
Public Transport: golders green station (northern line) bus routes 13, 82, 83,102, 183, 210, 328
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Holiday

Address Details

Holiday
JAMI House
131 Golders Green Road
Golders Green
London
NW11 8HJ
Email: info@jamiuk.org
Phone: 0208 731 7319
Fax: 020 8209 0230
Website: www.jamiuk.org

Service Information

Self Catering Group holiday full support by JAMI staff
Encourage and support service users in all stages of planning and taking part in a group holiday
Develop skills in all aspects of planning and carrying out associated tasks

Service Access

Opening Times: Sunday -Thursday 10.00 to 5.00
Catchment Area: London and surrounding suburbs
Age Limit: 18-55
Public Transport: Golders Green tube station and buses 13, 82, 83, 102, 183, 210, 226, 240, 328
Wheelchair Access: Not Known
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Hospital Visiting

Address Details

Jewish Association for Mental Illness, Hospital Visiting
Jami House
131 Golders Green Road
golders green
london borough of barnet
London
NW11 7PH
Email: info@jamiuk.org
Phone: 020 8 731 7319
Fax: 020 8 458 1117
Website: www.jamiuk.org

Service Information

A service which offers support to patients admitted to a mental health unit or who live in residential settings.

This service offers culturally specific support through out the year and particularly over a Jewish festival period. This may include visitng individual people in hospital or organising specific events for groups of people whether in hospital or residential settings.

Service Access

Opening Times: through out the week at suitable visiting times
Catchment Area: London
Wheelchair Access: Not Known
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Men's Sports Group

Address Details

Men's Sports Group
JAMI House
131 Golders Green Road
Golders Green
London
NW11 8HJ
Email: info@jamiuk.org
Phone: 0208 731 7319
Fax: 020 8209 0230
Website: www.jamiuk.org

Service Information

A weekly mens' sports group. Activities vary each week depending on what the group members would like to participate in.

Recent evidence suggests that sports and exercise activities can significantly support peoples' recovery from mental illness. To this end, JAMI is running a weekly mens sports group to improve physical fitness as well as mental health. The programme is user led and devised by participants. The group is also proving successful in improving social inclusion and accessing local community sports and leisure facilities. Participants are encouraged to meet up socially before or after group sessions. Activities undertaken so far include 5 a side football, swimming, bowling, running, speed walking, badminton.

Service Access

Opening Times: variable
Age Limit: 18-30 something
Wheelchair Access: Not Known
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Outreach

Address Details

Jewish Association for Mental Illness, Outreach Programmes,-hospital visiting
16a North End Road
Golders Green
London
NW11 7PH
Email: avril.gilmour@jamiuk.org
Phone: 020 8 458 2223 (O)
Fax: 020 8 458 1117
Website: www.jamiuk.org

Service Information

Jami Mental Health Outreach Team provides a quick response to any call concerning a member of the Jewish Community requesting or needing advice or help relating to a wide spectrum of mental health needs.

Supporting Mental Health Users and Carers who identify themselves as Jewish. The Team are pro-active in helping to improve the quality of life for those who are vulnerable and isolated. This is achieved by telephone contact, regular group meetings and activities. Visiting those in hospitals, hostels and at home. Responding to requests from Jewish and non Jewish mental health agencies.

Multi-faith activities arranged in hospitals and hostels to celebrate Jewish Festivals. Regular social activities - 'out and about' for our Members from all parts of London and in particular South London (JAMI South). Regular meetings arranged through 'Coffee House Challenge' at Starbucks. Recruiting and training and supporting Volunteers

Service Access

Opening Times: Office hours: 9.30am to 5.00pm Monday to Friday, excepting Jewish and National Holidays.

Catchment Area: Greater London & the Home Counties.

Age Limit: upper age limit 65

Public Transport: Golders Green Station (Northern Line) bus routes 13, 82, 83,102, 183, 210, 328 for JAMI Head Office

Wheelchair Access: No

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jami, Service User Retail Training

Address Details

c/o JAMI House
131 Golders Green Road
Golders Green
London
NW11 7PH
Email: michael.pierce@jamiuk.org
Phone: 020 8 458 2223
Fax: 020 8 458 1117
Website: www.jamiuk.org

Service Information

JAMI offers nationally recognised qualifications in Customer Care along with work experience in our charity shop and help with securing paid or voluntary employment at the end of the course. NVQ Level 1 or Level 2 Training in Customer Service, taught through friendly group workshops and one-to-one sessions, with the opportunity to practice your skills in JAMI's charity shop. No exams are involved; the course is assessed through observation in the charity shop and workshop assignments. The training workshops take place in the supportive environment of JAMI's Day Centre in Golders Green. Work experience placements are also organised in other voluntary or commercial settings for students who want to progress into voluntary or paid employment.

Outreach programmes, Volunteering, Membership opportunities, Day Centre, Befriending service, Young JAMI activities.

Service Access

Opening Times: The workshops take place on one afternoon a month, one-to-one's as mutually convenient with the tutor. charity shop work experience one morning or afternoon a week.

Catchment Area: Greater London

Age Limit: 18 to 55

Public Transport: Local buses: 13,82,83,102,183,210,226,240,328 Golders Green

Underground station (Northern Line)

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jami, Shabbos Meal

Address Details

Friday night
JAMI House
131 Golders Green Road
Golders Green
London
NW11 8HJ
Email: info@jamiuk.org
Phone: 0208 731 7319
Fax: 020 8209 0230
Website: www.jamiuk.org

Service Information

Friday night service followed by shabbos meal
To provide cultural and social support for Jewish people who are experiencing mental health problems.
Reduce social isolation

Service Access

Opening Times: one friday night per month
Public Transport: Golders Green tube station Buses Nos. 13, 82, 83, 102, 183, 210, 226,240, 328
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jami, Volunteering

Address Details

Jewish Association for Mental Illness, Volunteering
16a North End Road
Golders Green
London
NW11 7PH
Email: info@jamiuk.org
Phone: 020 8458 2223
Fax: 020 8 458 1117
Website: www.jamiuk.org

Service Information

There are a number of volunteering opportunities within JAMI. All our projects rely on the enthusiastic and committed group of volunteers who support the work we do. Volunteers support JAMI services in the following areas, Hospital Visiting Befriending JAMI House Community Outreach Volunteers are essential in supporting the work that JAMI does. In return, volunteers are offered relevant training and supervision

Service Access

Opening Times: JAMI House is open Sunday-Thursday All other volunteering opportunities depend on individual availability
Catchment Area: London
Age Limit: 18-65
Wheelchair Access: Not Needed
Self Referral: Yes
GP Referral: No
Mental Health Worker Referral: No



Jewish Bereavement Counselling Service

Address Details

JBCS
Bet Meir
44B Albert Road
London
NW4 2SG
Email: jbcsc@jvvisit.org.uk
Phone: 0208 457 9710
Fax: 0208 457 9707
Website: <http://www.jvvisit.org.uk/>

Service Information

The JBCS offers support to the bereaved of the entire Jewish Community from young children to senior citizens.

The Jewish Bereavement Counselling Service offers bereavement counselling to individuals, children and families in N, NW, London and Herts. Confidential counselling and support provided by trained volunteer counsellors who are professionally supervised. Counsellors visit clients in their own homes and have specific knowledge of the grieving process. JBCS takes referrals from doctors, social workers, synagogues, schools and hospitals and the service works in partnership with these organisations.

Training programme ongoing for existing counsellors

Service Access

Opening Times: 24 Hour answer phone. Calls reponded to within 1 working day

Public Transport: Nearest Tube station is Hendon Central.

Wheelchair Access: Not Known

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care

Address Details

Merit House
The Hyde, 508 Edgware Road
Colindale
London
NW9 5AB
Email: info@jcare.org
Phone: 020 8922 2000
Website: www.jewishcare.org

Service Information

Jewish Care is a charity caring for people in the Jewish community. We give care and support to older people, Holocaust survivors, people with physical and sensory disabilities, and those with mental health needs. We also offer a range of support groups and run leadership and activity programmes for children and young people. Our centres and services are based in London and the south-east, and our staff and volunteers support thousands of members of the community each week. In everything we do at Jewish Care, we are guided by our Jewish values of warmth, kindness, honesty and respect.

Our 1,100 dedicated staff and 2,500 volunteers mean that we are able to run over 70 centres and specialist services throughout London and the south east, caring for more than 7,000 people every week in the Jewish community. We provide services for:

- A dedicated support and advice line for referrals and service information
- Older people
- People with mental health needs
- People with a physical or sensory disability, including those who are visually impaired
- People with Alzheimer's disease or other forms of dementia
- Holocaust survivors and refugees
- People caring for others
- Younger people

Our clients' emotional needs are just as important as their physical requirements and providing for their day to day needs is just the beginning. We offer care in an environment that recognises and respects our clients' Jewish identity. We celebrate Jewish festivals and make Shabbat, helping people feel safe and comfortable in a 'heimische' atmosphere, at a time when they may feel most vulnerable. We work right across the community and provide care regardless of the level or nature of an individual's religious observance. In doing so, our care recognises people's differences as well as their similarities.

Service Access

Opening Times: You can contact Jewish Care Direct - A dedicated support and advice help line during office hours.

Catchment Area: London and the South East

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Mental health social work service

Address Details

Email: jewishcaredirect@jcare.org

Phone: 020 8922 2222

Website: www.jewishcare.org

Service Information

Our social workers are the people who will be able to talk to you about your care or support needs and help you to find the right service for you. They are qualified and experienced professionals with extensive knowledge of the health and social care world and will be able to work with you to support your needs, advising, liaising or even advocating on your behalf. We have a specific team of social workers to help people with mental health needs.

Aims of the service • to assess an individual's needs and recommend appropriate services provided by Jewish Care • to link people to other Jewish Care services such as day care, independent living, residential homes or employment schemes • to enable people to live fuller lives, reduce isolation and encourage independence in the community • to work with statutory and health organisations, housing associations and other voluntary services • to provide short-term counselling, advocacy and advice

Our social workers will offer, support, advice, information, signpost you to relevant services and talk to other service providers or funders (e.g. local authorities) on your behalf. They have excellent local knowledge and their experience of the Jewish community allows them to provide the best possible support and advice.

Service Access

Opening Times: The mental health social work service is available to • any adult between the ages of 18+ with mental health needs • people with a range of mental health or psychological issues or people who experience a level of distress that many interfere

Catchment Area: North West London, North East London and the Redbridge area.

Age Limit: 18 plus

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - ATID

Address Details

Kadmiah Centre for Wellbeing, Stamford Hill

Mitkadem Centre for Wellbeing, Redbridge

Shalom Centre for Wellbeing, Edgware

Email: jewishcaredirect@jcare.org

Website: www.jewishcare.org

Service Information

ATID supports clients into the world of work. Through training, one to one support, telephone support and workshops. Enabling clients to use their skills and experince.

Supporting clients in finding suitable work and voluntary placements aswell as educational courses.

Working in partnership with employers providing support and training on mental health issues at work.

Service Access

Opening Times: Office Hours Monday - Friday

Catchment Area: London and the South East

Age Limit: 18+

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Education & Awareness Team

Address Details

Jack Block House

Edgware

London

HA8

Email: jewishcaredirect@jcare.org

Phone: 020 8952 9177

Website: www.jewishcare.org

Service Information

The mental health education and development team work within the community to raise awareness and challenge discrimination associated with mental health issues.

Jewish Care has developed a ground-breaking service that is working to raise awareness and acceptance of those who have mental health needs. By educating people in schools, synagogues and other community organisations, we are breaking down prejudice, fighting ignorance and promoting social inclusion.

Jewish Care clients, their carers, volunteers and professionals take part in all activities using drama, life stories, art, audio visuals and music. What we do ? Creative presentations ? Workshops ? Training How the service works When you contact us, we will send you a training request form to complete and return. We will then discuss your requirements with all involved and put together a team to devise and deliver the training you require.

Service Access

Opening Times: Monday - Wednesday Office Hours

Catchment Area: UK

Age Limit: n/a

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Family Carers' Service

Address Details

Email: jewishcaredirect@jcare.org

Phone: 020 8922 2222

Website: www.jewishcare.org

Service Information

Jewish Care's Family Carers' Service provides support and information for those who are caring for a relative or friend who has a mental health condition. The Family Carers' Service also supports relatives and friends of someone with dementia, a physical disability/frailty, addiction, terminal illness or if they are caring for someone in a residential home.

Each carers' individual situation is treated with sensitivity and understanding. We offer:

- individual support and advice.
- access to services available
- access to coping strategies
- specialist support groups
- regular telephone support

Our Family Carers' Service gives carers the opportunity to focus on themselves, forge friendships with each other and share experiences. "I found it gave me added strength to deal with the daily tasks and I can't wait to return to be part of this wonderful and courageous group of people." A carer, after attending a carers' group meeting.

Service Access

Opening Times: Please contact Jewish Care Direct for more information on 0208 922 2222

Catchment Area: London and the South East

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Independent Living Support

Address Details

London

Email: jewishcaredirect@jcare.org

Phone: 020 8922 2222

Website: www.jewishcare.org

Service Information

Supporting people into independent living in partnership with housing associations. The independent living team support tenants in their homes where they teach life skills and increase people's confidence.

Service Access

Opening Times: Access via Jewish Care Direct 020 8922 2222

Catchment Area: London

Age Limit: 18 - 65

Public Transport: n/a

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Kadimah Centre for Wellbeing

Address Details

Brenner Community Centre
Stamford Hill
Hackney
London
N16
Email: Jewishcaredirect@jcare.org
Phone: 020 8809 1875
Website: www.jewishcare.org

Service Information

Provides holistic support enabling people to maintain their independence using therapeutic, social and cultural activities. At the centres you can access: ? Mental health social workers ? Independent living skills training ? Health promotion ? Mental health education ? Therapeutic groups ? Employment training and support ? Volunteering opportunities

The centre offers support for people with mental health needs aged 18+. There is a programme of groups and activities that help people develop life skills and confidence to enable a greater level of independence.

Service Access

Opening Times: Monday - Thursday 9.30am - 5pm
Catchment Area: Stamford Hill and the Hackney area
Age Limit: 18-65
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jewish Care - Mitkadem Centre for Wellbeing

Address Details

Gants Hill
Redbridge
Essex
Email: jewishcaredirect@jcare.org
Phone: 020 8518 5437
Website: www.jewishcare.org

Service Information

Provides holistic support enabling people to maintain their independence using therapeutic, social and cultural activities. At the centre you can access: ? Mental health social workers ? Independent living skills training ? Health promotion ? Mental health education ? Therapeutic groups ? Employment training and support ? Volunteering opportunities

The centre offers support for people with mental health needs aged 18+. There is a programme of groups and activities that help people develop life skills and confidence to enable a greater level of independence.

Service Access

Opening Times: Monday - Thursday 10.30am - 4.30pm Friday (65+) 10am - 12.30pm

Catchment Area: Redbridge and Essex area

Age Limit: 18-65 - 65 + support group on Fridays only.

Public Transport: Tube: Gants Hill

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care - Shalom Centre for Wellbeing

Address Details

Jack Block House

Edgware

London

HA8 7LF

Email: jewishcaredirect@jcare.org

Phone: 020 8951 0177

Website: www.jewishcare.org

Service Information

Provides holistic support enabling people to maintain their independence using therapeutic, social and cultural activities. At the centres you can access: ? Mental health social workers ? Independent living skills training ? Health promotion ? Mental health education ? Therapeutic groups ? Employment training and support ? Volunteering opportunities

The centre offers support for people with mental health needs aged 18+. There is a programme of groups and activities that help people develop life skills and confidence to enable a greater level of independence.

Once a week the centre holds an evening social club in Golders Green providing a variety of activities and social outings. Once a month activities include Shabbat meals and cinema club.

Service Access

Opening Times: Monday - Thursday 10am - 4.30pm Tuesday 5.30pm - 8.30pm in Golders Green Wednesday 10am - 3.30pm (65+) in Hampstead

Catchment Area: North London

Age Limit: 18 - 65

Public Transport: Tube: Edgware Bus: Edgware Bus Station

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care Direct

Address Details

Merit House
The Hyde, 508 Edgware Road
Colindale
London
NW9 5AB
Email: jewishcaredirect@jcare.org
Phone: 020 8922 2222
Website: www.jewishcare.org

Service Information

Jewish Care Direct is a helpline which will give you information and advice about all of Jewish Care's services. You can contact Jewish Care Direct by calling 020 8922 2222 during office hours visiting us at www.jewishcare.org or emailing us at jewishcaredirect@jewishcare.org We will always try to respond to your query within 48 hours.

It is staffed by experienced and knowledgeable professionals so whatever you need to find out, your call will be treated in a warm and sympathetic manner. If we are unable to help you with your enquiry, we will pass you onto another organisation that can.

Service Access

Opening Times: Summer (April-September) Monday to Friday 8.30am to 5.30pm Winter (October-March) Monday to Thursday 9am to 5.30pm Friday 8.30am to 2pm

Catchment Area: London and the South East

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Care, Leonard Sainer Day Centre

Address Details

Jack Block House
Rectory Lane
Edgware, Middlesex
HA8 7LF
Email: NSlipman@jcare.org
Phone: 020 8951 3739
Fax: 020 8951 1312
Website: www.jewishcare.org

Service Information

A stimulating day for clients with dementia, and a break for their carers.
Full range of activities

Service Access

Opening Times: 9.30am-3pm Mon -Thurs 9.30-1pm Friday
Catchment Area: Barnet, Harrow, Herts
Age Limit: N/A
Public Transport: We are situated opposite Edgware Station
Wheelchair Access: Not Known
Self Referral: Not Known
GP Referral: Not Known
Mental Health Worker Referral: Not Known



Jewish Care: Residential Home (Golders Green)

Address Details

London

Email: jewishcaredirect@jcare.org

Phone: 020 8922 2222

Website: www.jewishcare.org

Service Information

A residential home for people with long-term mental health needs and who require a supportive and therapeutic environment.

We offer a friendly, warm environment with strong Jewish traditions and culture, where residents are helped to achieve their full potential. Residents are supported 24 hours a day by fully trained and qualified staff. We encourage them to maintain their independence and participate in activities such as group discussions, social skills, cookery and art. We celebrate all the Jewish festivals, offer a full Kosher menu and enjoy visits to the cinema and museums. Some of our residents go on to live more independently in accommodation supported by housing associations.

All our homes are regulated and inspected by the Commission of Social Care Inspections (CSCI). You can read a report of the latest inspection in each of our homes. All our homes are staffed to provide 24 hour care and are equipped with safety and security features including smoke detectors and 24 hour call systems.

Service Access

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Jewish Community Housing Association

Address Details

JCHA
Harmony Close
Princes Park Avenue
London
NW11 0JJ
Email: djackson@jcha.org.uk
Phone: 020 8381 4901
Fax: 020 8458 1772
Website: www.jcha.org.uk

Service Information

Sheltered Housing provider
To offer supported but independant housing to people with support needs and housing needs.
Flats with warden call systems, some limited social activity, communal lounges and laundry's

Service Access

Opening Times: Office hours are 9am until 5.30pm
Catchment Area: Any memebr of the Jewish Community that has a support need.
Age Limit: no age limits
Public Transport: Dependant on scheme, most are well covered by public transport.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jewish Helpline Ltd

Address Details

Email: admin@jewishhelpline.co.uk

Phone: 0800 652 4232

Website: <http://www.jewishhelpline.co.uk>

Service Information

Telephone helpline

A national telephone helpline run for the Jewish community and staffed by professionally trained volunteers.

Service Access

Opening Times: Sunday - Thursday 12.00pm - 12.00am Friday 12.00pm - 3.00pm

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Jewish Marriage Council

Address Details

JMC
23 Ravenshurst Avenue
London
NW4 4EE
Email: info@jmc-uk.org
Phone: 020 8203 6311
Fax: 020 8203 8727
Website: www.jmc-uk.org

Service Information

Sensitive support for Jewish individuals, couples and families.
Counselling service for Jewish individuals, couples and families. Confidential and professional service. We abide by the BACP code of ethics and practice, and by Halacha. Introduction agency for Jewish people of all ages. Personalised and friendly. All members guaranteed Jewish and free to marry. Courses for engaged couples.
Various workshops and events for the community and for counsellors in the community.

Service Access

Opening Times: Monday-Thursday 9.30am - 5.30pm Friday wintertime 9.30am - 1pm Friday summertime 9.30am - 4pm
Catchment Area: London and Manchester
Public Transport: Hendon Central tube station is a ten minute walk from our London offices.
Wheelchair Access: Not Known
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jewish Marriage Council, counselling service

Address Details

JMC
23 Ravenshurst Avenue
London
NW4 4EE
Email: info@jmc-uk.org
Phone: 020 8203 6311
Fax: 020 8203 8727
Website: www.jmc-uk.org

Service Information

Our counselling service is available to all Jewish people in London, Ilford, and Manchester. We also offer a Hebrew-speaking counselling service. Our counsellors are professionally qualified and experienced and confidentiality is assured.

To provide sensitive support to Jewish individuals, couples and families. To provide a Jewish counselling service - our service is available to all Jewish people whatever problem they are experiencing and whether they are single, engaged, married, divorced or widowed.

Service Access

Opening Times: Monday-Thursday 9.30am - 10.00pm
Catchment Area: London, and Ilford
Public Transport: We are a ten minute walk from Hendon Central tube station, and near various bus stops.
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jewish Marriage Council, courses for engaged couples

Address Details

JMC
23 Ravenshurst Avenue
London
NW4 4EE
Email: info@jmc-uk.org
Phone: 020 8203 6311
Fax: 020 8203 8727
Website: www.jmc-uk.org

Service Information

A wedding is just for a day, and a marriage is for life; yet so few people are prepared for the ups and downs and the highs and lows of a lifelong partnership. Our all-day workshop 'Stepping into Marriage' is designed to help you avoid the pitfalls and deal with the difficulties a marriage can bring. You also get the chance to meet other couples going through the same stresses, strains and sense of anticipation as you. Plus a chance to look at the future and plan what we hope will be the longest honeymoon in history!

First we look beyond the wedding day, delve into the marriage relationship and discuss the art of problem solving. Many arguments can arise during a relationship. How do you deal with them? We discuss listening skills, the demands made by your close family which can cause problems and very importantly, how to get on with your in-laws. It's all about successful communication, so communication skills get a high priority. Naturally we discuss the Jewish aspects of marriage, Jewish attitudes to sex and aspects of keeping kosher and the Jewish holidays.

This course is extremely flexible, drawing on the experiences of the couples present. Informality is the rule not the exception and we expect the course to be fun and interactive. By the end of the course we hope you will feel stimulated and motivated and you will also have made new friends, couples at exactly the same stage of life as you.

Service Access

Opening Times: Monday - Thursday 9.30am - 5.30pm Friday 9.30am - 1pm in winter and 9.30am - 4pm in summer

Catchment Area: London and UK

Public Transport: We are a ten minute walk from Hendon Central tube station, and near many bus stops.

Wheelchair Access: Not Known

Self Referral: Yes

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Jewish School Services

Address Details

Jewish School Services
c/o 1095-1097 Finchley Road
Barnet
London
NW11 0QB
Email: jr@goldersgreen.org
Phone: 07974 650647
Fax: 0870 458 6704

Service Information

Jewish School Services/JSS (originally part of The Clubhouse) provides early crisis intervention and preventative services within schools to children at risk of exclusion from education, from their families or from mainstream settings.

Government research has shown that a combination of classroom teaching and personalised mentoring is a powerful way to ensure that all pupils can reach their full potential and develop their learning and life skills. At JSS we achieve this through innovative programmes such as personalised learning mentoring, life skills development courses and creative partnerships with teachers and families. Our services include: • Educational Assessments • Learning skills mentoring (Kodesh) • Learning skills mentoring (National Curriculum, GCSE, study skills) • Life skills & leadership development • Speech & Language therapy, Occupational Therapy and other integrated referrals

Since schools have to concentrate on subject tuition and examinations rather than personal development, JSS partners with schools to develop mentoring and coaching skills in their staff, enabling them to identify pupils' issues at an early stage (even in primary school) and to understand and support their challenges. JSS delivers high quality training to school staff in one-to-one or group settings: • SENCo training and support • Coaching & mentoring skills for teachers • Headteacher and and SLT mentoring

Service Access

Opening Times: Usually via schools
Catchment Area: All Jewish school children across London
Age Limit: Core: Primary & Secondary age children; some individual work with post-school ages
Wheelchair Access: Not Needed
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Jewish Volunteering Network

Address Details

JVN
Haskell House
152 West End Lane
London
NW6 1SD
Email: info@jvn.org.uk
Phone: 020-7443 5100
Website: www.jvn.org.uk

Service Information

The Jewish Volunteering Network aims to be the One Stop Shop for Jewish Volunteering, connecting volunteers with volunteering opportunities.

JVN helps volunteers find suitable volunteering opportunities from food packing to fundraising, to putting on shows to gardening. We work across the community and currently have 120 organisations registered on our website. We have a highly sophisticated website where volunteers can search for opportunities and a helpline for all your volunteering queries. JVN is a partner with Jewish Care and JAMI in the Gateway Project.

Service Access

Opening Times: 9am - 5pm
Catchment Area: London, Manchester, Leeds, Birmingham, South East
Age Limit: 11+
Public Transport: Our offices are based in West Hampstead. There is a Thameslink station and West Hampstead Tube station is on the Jubilee Line.
Wheelchair Access: Yes
Self Referral: Not Needed
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Jewish Women's Aid (JWA)

Address Details

JWA

London

Email: info@jwa.org.uk

Phone: 020 8 445 8060

Fax: 020 8 445 0305

Website: www.jwa.org.uk

Service Information

We now offer the following FREE services are there for women who choose to stay at home and for those who feel they must leave. A national confidential freephone helpline: 0800 59 12 03 The only secure refuge where Kashrut, Shabbat and festivals are fully observed. Advice and help on legal, housing, financial, emotional and family issues as well as caring support for children. Professional, confidential counselling to those experiencing domestic violence. We help women to regain their self-respect and confidence and re-shape their lives.

Service Access

Opening Times: Office hours: 9am - 5.30pm Helpline: 0800 59 12 03 9:30am - 9:30pm Monday -Thursday. Outside of these hours calls are recorded, monitored and responded to.

Catchment Area: Jewish women affected by domestic violence

Age Limit: No age limit

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Jewish Womens' Aid: Advice Service

Address Details

PO Box 2670

N12 9ZE

Email: info@jwa.org.uk

Phone: 02084458060 - Office

Fax: 020 8445 0305

Website: jwa.org.uk

Service Information

Service Access

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Jewish Womens' Aid: Counselling

Address Details

PO Box 2670

London

N12 9ZE

Email: info@jwa.org.uk

Phone: 02084458060 - Office

Fax: 020 8445 0305

Website: www.jwa.org.uk

Service Information

Making the Jewish community aware of the existence of domestic violence and the help and support Jewish Women's Aid offers to Jewish women and their children who have experienced or are experiencing such abuse.

Confidential freephone helpline (0800 59 12 03) Counselling Community Support The only Kosher Refuge in Europe Raising awareness

Emotional and physical support Assistance with resettlement if required Full schools' educational programme Speaking to groups about the subject

Service Access

Opening Times: Helpline Monday thru Thursday 9.30am - 9.30pm Offices Monday to Friday 9 - 5pm

Catchment Area: Nationwide (via the Helpline)

Age Limit: Women over 17

Public Transport: Available to office

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Not Needed



Jewish Womens' Aid: Secure Refuge

Address Details

Confidential

Email: info@jwa.org.uk

Phone: 02084458060 - Office

Website: jwa.org.uk

Service Information

A Unique temporary safe house run by jewish Women for Jewish women and thier children
The refuge provides women who need it with somewhere safe to stay, giving time and space to think about all the options and the best way forward for each woman (and her children) to regain a life free from the fear of violence and intimidation.

Practical Support Emotional Support Kashrut and Jewish Festivals Resettlement Service Rosh Hodesh group

Service Access

Opening Times: 24 hours. Admission - preferably during office hours but out of hour accepted in case of emergency.

Age Limit: Boys up to 13 years old

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Kisharon

Address Details

Head Office
1011 Finchley Road
London
NW11 7HB
Email: info@kisharon.org.uk
Phone: 020 8 203 2200
Fax: 020 8731 7009
Website: www.kisharon.org.uk

Service Information

Education, day activity, employment and residential services for people with learning disabilities. The Kisharon range of services aims to meet the needs of people from the Jewish community to moderate to severe learning disabilities. We provide lifespan services from nursery through to day opportunity, sheltered employment and residential provision for long-term service users.

Service Access

Opening Times: Vary as appropriate. Head Office is open 9.00 a.m. to 5.00 p.m.
Catchment Area: North and North West London
Age Limit: None
Public Transport: Good tube and bus access to most sites.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Not Needed
Mental Health Worker Referral: Yes



Kisharon College

Address Details

54 Parson Street

London

NW4 1TP

Email: kisharonhls@aol.com

Phone: 020 8 457 2525

Fax: 020 8 457 2535

Service Information

Further education and vocational training for adults of 16 years and above with learning disabilities.

Catering for adults with a broad range of learning disabilities, we teach a variety of vocational and basic skills courses, alongside therapy and creative activities, and promote independence and inclusion in the life of the community.

Service Access

Opening Times: 9.00am -4.30pm

Catchment Area: London

Age Limit: 16+ years

Public Transport: On bus route 240.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Kisharon, day activity

Address Details

Head Office
1011 Finchley Road
London
NW11 7HB
Email: info@kisharon.org.uk
Phone: 020 8 203 2200
Fax: 020 8731 7009
Website: www.kisharon.org.uk

Service Information

Community inclusion project

A partnership with the local authority, this project promotes involvement in the community while developing independent living skills.

The Kisharon range of services aims to meet the needs of people from the Jewish community to moderate to severe learning disabilities. We provide lifespan services from nursery through to day opportunity, sheltered employment and residential provision for long-term service users.

Service Access

Opening Times: 9.00pm - 4.00pm
Age Limit: Adults
Wheelchair Access: Not Known
Self Referral: Not Known
GP Referral: Not Known
Mental Health Worker Referral: Not Known



Kisharon, education

Address Details

Head Office
1011 Finchley Road
London
NW11 7HB
Email: info@kisharon.org.uk
Phone: 020 8 203 2200
Fax: 020 8731 7009
Website: www.kisharon.org.uk

Service Information

Kisharon Day School

Our dedicated staff meet the complex learning and therapeutic needs of the pupils and help them to achieve success across the full range of National Curriculum subjects while developing critical social and communication skills.

The Kisharon range of services aims to meet the needs of people from the Jewish community to moderate to severe learning disabilities. We provide lifespan services from nursery through to day opportunity, sheltered employment and residential provision for long-term service users.

Service Access

Opening Times: 9.00am - 4.30pm
Age Limit: 5-19
Wheelchair Access: Not Known
Self Referral: Not Known
GP Referral: Not Known
Mental Health Worker Referral: Not Known



Kisharon, residential services

Address Details

Head Office
1011 Finchley Road
London
NW11 7HB
Email: info@kisharon.org.uk
Phone: 020 8 203 2200
Fax: 020 8731 7009
Website: www.kisharon.org.uk

Service Information

Residential home and supported living

Our eight bed residential centre provides a real home within the heart of the community with year round, round the clock care staffing.

The Kisharon range of services aims to meet the needs of people from the Jewish community with moderate to severe learning disabilities. We provide lifespan services from nursery through to day opportunities, sheltered employment and residential provision for long term service users.

Service Access

Opening Times: Round the clock
Age Limit: Adults
Wheelchair Access: Not Known
Self Referral: Not Known
GP Referral: Not Known
Mental Health Worker Referral: Not Known



Kisharon: Employment

Address Details

Asher Loftus Business Centre
27-31 Church Road
London
NW4

Email: info@kisharon.org.uk

Phone: 020 8 203 2200

Fax: 020 8731 7009

Website: www.kisharon.org.uk

Service Information

Sheltered employment opportunities

A ground-breaking facility offering sheltered employment opportunities within a supportive environment. Service users contribute actively within the bicycle shop, wood turning workshop and print shop.

Service Access

Opening Times: 9.00am - 4.30pm

Age Limit: Adults

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



Langdon Foundation

Address Details

PO Box 640
Edgware
Middlesex
HA8 4GL
Email: info@langdonfoundation.org.uk
Phone: 020-8951 3942
Website: www.langdon.info

Service Information

We provide education, supported living and employment to young Jewish adults with learning disabilities
Residential college, Supported living, Employment, Living a Jewish life

Service Access

Opening Times: n/a
Catchment Area: UK
Age Limit: 16 years +
Public Transport: n/a
Wheelchair Access: Not Needed
Self Referral: Not Needed
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Miyad: Jewish Telephone Crisis Line

Address Details

Miyad

Email: admin@jewishhelpline.co.uk

Phone: 0800-652 9249

Website: www.jewishhelpline.co.uk

Service Information

Jewish Crisis Helpline

A helpline on which professional and trained volunteers can listen and help callers to focus on their problems and make their own decisions. They also support people through difficult situations, illness and conditions which may be affecting them.

Service Access

Opening Times: Sunday - Thursday 12pm to 12am Friday 12.00pm to 3.00pm

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Nightingale

Address Details

Nightingale House
105 Nightingale Lane
Wandsworth
London
SW12 8NB
Email: leonsmith@nightingalehouse.org.uk
Phone: 020 8673 3495
Fax: 020 8675 2258
Website: <http://www.nightingalehouse.org.uk/>

Service Information

Provider of residential, nursing, specialist dementia care, and respite care to older members of the Jewish community

Residential, nursing, specialist dementia care and respite care. Caring for over 200 older members of the Jewish community - offering a "home for life".

In-house medical practice and pharmacy, physiotherapists, occupational therapists, on site dental, optician, chiropody and audiology service, hairdressing salon, synagogue, arts and crafts centre and wide range of educational and activities programmes

Service Access

Opening Times: The Home is open 24/7 Office hours 09.00 to 5.00 pm Monday to Friday (dependent on Shabbat times)

Catchment Area: London and South East

Age Limit: Over 60 years of age

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Not Needed



Norwood

Address Details

Norwood Ravenswood
Broadway House
80-82 The Broadway
Stanmore
Harrow
Middx
HA7 4HB
Email: info@norwood.org.uk
Phone: 020 8954 4555
Website: www.norwood.org.uk

Service Information

Norwood provides appropriate services primarily to disadvantaged Jewish children and their families, and children and adults with learning disabilities, so that they can achieve their personal goals in life. Wherever possible we include service users from the wider community. Childrens Services We run three family centres in Hackney, Barnet, Redbridge which offer a range of services including; toy libraries, mother & toddler groups, therapy rooms and counselling services Our Social work teams support and provide preventative interventions to families who are experiencing social difficulties or are affected by disability. We offer educational support professional support to children with learning or behavioural difficulties, their parents and schools. Services available to children include teaching support, educational psychology, speech and language therapy, occupational therapy and art therapy. We provide respite care for children with disabilities We also operate a fostering and adoptions service Our adult services provide support for adults with learning disabilities in a range of settings including residential homes, supported housing, independent housing and domiciliary care. We also run a residential village (Ravenswood) in Berkshire where we offer residential accommodation to some 150 adults. Our focus throughout our adult services is to maximise opportunities for choice and independence for users to decide the kind of lifestyle they want with an emphasis on employment, improved leisure opportunities and skills development. We are currently developing a demantia service for adults with learning disability

Service Access

Opening Times: You can contact Norwood during office hours
Catchment Area: Primarily London and the South East, but users come from across England
Age Limit: All ages
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Raphael Jewish Counselling Service

Address Details

PO Box 172

Stanmore

Email: info@raphaeljewishcounselling.org

Phone: 0800 234 6236

Website: www.raphaeljewishcounselling.org

Service Information

Raphael offers short-term and longterm non-directive counselling for individuals and couples in the Greater London Jewish Community.

People with relationship difficulties or other emotional problems that hinder achieving their potential, could benefit from Raphael counselling.

further training and personal development for counsellors, some of which are open to non-Raphael counsellors.

Service Access

Opening Times: Messages left on the answerphone (as above) are responded to within 24 hours (apart from Shabbat and Holy Days). All applicants are offered an initial consultation with a senior counsellor to explore their situation and what would be likely to benefit

Catchment Area: Greater London

Age Limit: adults of any age

Public Transport: Counsellors work in many places. Details of travel are discussed with the client.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Raphael Jewish Counselling Service - couples counselling

Address Details

Raphael - couples

PO Box 172

Stanmore

Email: info@raphaeljewishcounselling.org

Phone: 0800 234 6236

Website: www.raphaeljewishcounselling.org

Service Information

Raphael offers short-term and longterm non-directive counselling for individuals and couples in the Greater London Jewish Community.

People with relationship difficulties or other emotional problems that hinder achieving their potential, could benefit from Raphael counselling.

Service Access

Opening Times: Messages left on the answerphone (as above) are responded to within 24 hours (apart from Shabbat and Holy Days). All applicants are offered an initial consultation with a senior counsellor to explore their situation and what would be likely to benefit

Catchment Area: Greater London

Age Limit: 16+

Public Transport: Details on application

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Raphael Jewish Counselling Service - individuals counselling

Address Details

Raphael - individuals

PO Box 172

Stanmore

Email: info@raphaeljewishcounselling.org

Phone: 0800 234 6236

Website: info@raphaeljewishcounselling.org

Service Information

Raphael offers short-term and longterm non-directive counselling for individuals and couples in the Greater London Jewish Community.

People with relationship difficulties or other emotional problems that hinder achieving their potential, could benefit from Raphael counselling.

Service Access

Opening Times: Messages left on the answerphone (as above) are responded to within 24 hours (apart from Shabbat and Holy Days). All applicants are offered an initial consultation with a senior counsellor to explore their situation and what would be likely to benefit

Catchment Area: Greater London

Age Limit: 16+

Public Transport: Details available on request

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Step by Step

Address Details

Tyssen Children's Centre
Oldhill Street
Hackney
London
N16 6QA
Email: stepbystep@tyssen.hackney.sch.uk
Phone: 020 8806 4130 ext 58
Fax: 8806 3620

Service Information

Step by Step transforms the quality of life of moderate/severely disabled children and young people and their families from the Orthodox Jewish community in Hackney by providing out-of-school activities. Our programmes give them fun, educational, sport & leisure opportunities, whilst giving their families much needed respite.

We currently run; Sports and leisure: Over 90 disabled young people are benefiting from weekly sessions of swimming, horse riding, African drumming, ice skating and football, after school hours. Sunday club: 40 disabled young people take part in an exciting full day programme in a safe environment on Sundays. School holidays: Up to 40 children with disabilities benefit from a stimulating full day programme which takes place on all days when school is closed. (Summer and winter breaks, seasonal holidays, bank holidays, half term, and inset days.) Residential breaks: 35 children with disabilities enjoy a one week residential as well as two weekend breaks in a rural setting.

The children's disabilities range from Down's syndrome, Cerebral Palsy, Autism, spinal bifida, deaf and blind children, sensory impaired children, mental disabilities and children with learning/behavioural disorders.

Service Access

Opening Times: Please contact Step by Step for the specific times of activities
Catchment Area: Orthodox Jewish community in Hackney and Haringey
Age Limit: Age 3 - 19
Public Transport: We provide wheelchair accessible transport to all our activities.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Not Needed
Mental Health Worker Referral: Not Known



Talking Matters Wellbeing Centre

Address Details

TMA
The Library
Portland Avenue
Stamford Hill
Hackney
London
N16 6SB
Email: office@TalkingMatters.info
Phone: 020 8 802 9222
Website: www.talkingmatters.info

Service Information

A range of services for orthodox Jewish people with stress-related issues. Choices programme (counselling). Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications. Tots 2 Teens.

Service Access

Opening Times: Opening Times: MON, TUE and THUR: 10am - 8pm, WED: 10am - 6pm, FRI: 10am - 1pm. Fees :General services are free, course fees may vary and counselling is £5 per hour.
Catchment Area: Hackney.
Age Limit: 5+
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre- Choices (Counselling) Programme

Address Details

Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

1:1 sessions or couples counselling or therapy.
Counselling or therapy applicable to Holocaust survivors and their families, 1st 2nd 3rd & 4th generations or anyone in need of counselling or therapy from the Stamford kehilla.
Tots 2 Teens. Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: To be agreed with therapist. 1 week assessment. 12 weeks x 1 hour therapy.
Catchment Area: Stamford Hill. Resident in Hackney or GP in Hackney
Age Limit: 16+ age range
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre: Art Therapy Programme

Address Details

Art Therapy
Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

Art therapy group for orthodox jewish ladies who are resident in Stamford Hill.
Choices programme (counselling). Tots 2 Teens. Portals project. Cultural awareness training seminars. Drama therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: Tuesday mornings, 10.30am to 12.30pm
Catchment Area: Resident or GP in Hackney
Age Limit: 25-35 age range, For individuals
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre: Complementary Therapies Programme

Address Details

Complementary Therapies
Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

A range of complementary therapies for stress reduction and prevention. For those in need of therapeutic head massage, Reiki, osteopathy, naturopathy, reflexology & acupuncture. Can be used in conjunction with counselling for stress prevention For anyone in the area. Primarily for those on benefits and low incomes etc. Cost is on a sliding scale depending on income. Choices Programme (Counselling). Tots 2 Teens. Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Small library. Publications.

Service Access

Opening Times: Every thursday 9.00am to 4.00pm
Age Limit: 5+
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: No
Mental Health Worker Referral: No



Talking Matters Wellbeing Centre: Counselling Library

Address Details

The Library
Portland Avenue
Stamford Hill
Hackney
London
N16 6SB
Phone: 020 8802 9222

Service Information

Small counselling library
Library for counselling students, listening skills course students and members of Stamford Hill kehilla. Over 350 books on counselling, psychological issues, self esteem et al. some in ivrit. Choices programme (counselling). Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications. Tots 2 Teens.

Service Access

Opening Times: Opening Times: MON, TUE and THUR: 10am - 8pm, WED: 10am - 6pm, FRI: 10am - 1pm.
Wheelchair Access: No
Self Referral: Yes
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Talking Matters Wellbeing Centre: Cultural Awareness Training Seminars (CATS)

Address Details

Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

Cultural awareness training
Cultural awareness seminars for non-jewish professionals who work with the Charedi community, local councils, police, NHS service providers, TV and companies.
Choices Programme(Counselling). Tots 2 Teens. Portals project. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: By arrangement, and monthly on going seminars.
Age Limit: 16+ age range
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



Talking Matters Wellbeing Centre: Directory of Counselling Organisations

Address Details

The Library
Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8802 9222

Service Information

Counselling Directory

Directory of counselling in the Orthodox Jewish Communities in Britain

Publications: 'Referral Directory of Counselling in the Orthodox Jewish Communities of Gt Britain' : £5 a copy but free to GPs, HA's, vol sect orgs, schools. Research: Marriage and Marriage in the OJC (Martin and Loewenthal), Emotional and Behavioural Experiences of OJC's in North London, Stamford Hill; Needs Assessment of Mental Health Services (Martin and du Sautoy); Understanding Addictions from Sugar and Shopping to Substances in English, Yiddish and Hebrew (Martin). Choices programme (counselling). Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.Tots 2 Teens.

Service Access

Opening Times: Opening Times: MON, TUE and THUR: 10am - 8pm, WED: 10am - 6pm, FRI: 10am - 1pm.

Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill

Wheelchair Access: No

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre: Drama Therapy

Address Details

Drama Therapy
Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 802 9222
Fax: 020 8 802 9222

Service Information

Drama therapy
Drama therapy group for orthodox ladies, age 25 to 35 and resident in Stamford Hill. £4.00 per session per week.
Choices Counselling). Tots 2 Teens. Portals project. Cultural awareness training seminars. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: Tuesday evenings, 8.15pm to 9.45pm
Catchment Area: Resident or GP in Hackney
Age Limit: 25-35 age range
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre: Portals Project

Address Details

Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

Identifying needs and gaps in services and making referrals to projects and pathways to other services, thereby making access to services easier.

Open to all members of the Stamford community. Identifying needs and gaps in services.

Referrals to TMA projects and pathways to other services. Making access to services easier.

For individuals and groups. Free service to groups and organisations. Individual referrals to TMA groups and counselling will incur cost of £5.00 per session.

Choices Programme (Counselling). Tots 2 Teens. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: Office hours or by arrangement. Opening hours are: monday, tuesday and thursday, 10.00am to 8.00pm. wednesday, 10.00am to 6.00pm. friday, 10.00am to 1.00pm

Catchment Area: Resident or GP in Hackney

Age Limit: 16+ age range, individuals and groups

Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill

Wheelchair Access: No

Self Referral: Yes

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Talking Matters Wellbeing Centre: Tots 2 Teens

Address Details

Tots to Teens
Wellbeing Centre
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222
Fax: 020 8 802 9222

Service Information

Children needing counselling from the Stamford Hill kehilla in the 5 to 15 age range. All kind of counselling, but mostly art and play therapy for the 5 to 15 age range. Applicable to Holocaust Survivors and their families, 3rd & 4th generations and anyone in need of counselling from the Stamford kehilla. Choices programme (counselling). Portals project. Cultural awareness training seminars. Drama therapy group. Art therapy group. Listening skills course. Complementary therapies. Small library. Publications.

Service Access

Opening Times: To be agreed with therapist. 1 week assessment. 12 weeks x 1 hour therapy. All therapists are police checked. All children must have parents' written consent or agreement. Catchment Area: Stamford Hill. Resident in Hackney or GP in Hackney
Age Limit: 5 to 15 age range
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: No
GP Referral: Yes
Mental Health Worker Referral: Yes



Talking Matters Wellbeing Centre; Listening Skills Course (For Ladies)

Address Details

Listening skills course for ladies
Wellbeing
The Library, Portland Avenue
Stamford Hill
London
N16 6SB
Email: office@talkingmatters.info
Phone: 020 8 802 9222

Service Information

Training in listening skills useful for working with people or in a listening skills capacity.
A 15 week course leading to a national qualification in Listening Skills at Level 2. For orthodox jewish ladies who are residents in Stamford Hill. Cost is £200.00
Choices programme (counselling). Tots 2 Teens. Portals project. Cultural awareness training seminars. Drama therapy group. Art Therapy. Complementary therapies. Small library. Publications.

Service Access

Opening Times: Wednesday mornings, 10.00am to 12.00 noon
Catchment Area: Resident or GP in Hackney
Age Limit: 18+ age range, married individuals
Public Transport: Tube: Seven Sisters Train & Bus: Stamford Hill
Wheelchair Access: No
Self Referral: Yes
GP Referral: Not Needed
Mental Health Worker Referral: Not Needed



The Hope Centre

Address Details

228 Walm Lane

London

NW2 3BS

Email: hope@norwood.org.uk

Phone: 020 8 450 1121

Fax: 020 8 438 2933

Website: www.hope-centre.org.uk

Service Information

The Hope Centre provides services for children and young people (aged 3-19 years) with a wide range of learning disabilities and special educational needs. Using the unique methodology devised by Professor Reuven Feuerstein, tuition is either on a one-to-one basis or in small groups. Services Offered Include: - Thinking skills programmes - Specialist assessments including dynamic assessment - Occupational and speech therapy - Training packages for professionals and parents

Occupational Therapy: An occupational therapist will look at the underlying skills needed to perform a specific tasks to see whether there are any problems affecting performance. Speech & Language Therapy: Speech and Language Therapists (SLTs), work with students who have difficulties communicating (Communication Therapist.) Therapy may be carried out through floor-play, structured games and activities. Dynamic Assessments: The Learning Propensity Assessment Device (LPAD). Is a specialised assessment technique which measures potential rather than what the child can't do. Intensive intervention: Individual and group sessions using MLE (Mediated Learning Experience). Outreach services: To local schools, including workshops and Parent Child Interaction services. Instrumental Enrichment (IE): A structured thinking skills programme which strengthens cognitive functions (building blocks of learning), creating more flexible and efficient thinkers. Courses in IE1, IE2, LPAD and Bright Start (A cognitive programme for younger years). Insets and seminars especially designed for LSAs, parents and carers.

Facilities include: • Sensory integration room • Fully equipped art room – (Mediated Learning through Art activities) • Cognitive motor studio – (Dance Movement Therapy) • Two-way observation rooms • Computer room • Conference Room • Outdoor play area • Life-skills training kitchen • Family room • Medical room • Full access for wheelchair users • Lecture / training room • Car Park

Service Access

Opening Times: Monday - Friday

Catchment Area: Brent, Barnet, Camden, Hertfordshire, Stamford Hill

Age Limit: 3-19

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



The Manor House Centre for Psychotherapy and Counselling

Address Details

The Sternberg Centre

80 East End Road

London

N3 2SY

Email: admin@manorhousecentre.org.uk

Phone: 020 8 371 0180

Fax: 020 8 930 7375

Website: www.manorhousecentre.org.uk

Service Information

counselling and psychotherapy training and referral service

Service Access

Wheelchair Access: Not Known

Self Referral: Not Known

GP Referral: Not Known

Mental Health Worker Referral: Not Known



The Manor House Centre for Psychotherapy and Counselling, counselling services

Address Details

The Sternberg Centre

80 East End Road

London

N3 2SY

Email: admin@manorhousecentre.org.uk

Phone: 020 8 371 0180

Fax: 020 8 930 7375

Website: www.manorhousecentre.org.uk

Service Information

counselling and psychotherapy referral service

Service Access

Opening Times: by arrangement

Wheelchair Access: Not Known

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



The Manor House Centre for Psychotherapy and Counselling, counselling training

Address Details

The Sternberg Centre

80 East End Road

London

N3 2SY

Email: admin@manorhousecentre.org.uk

Phone: 020 8 371 0180

Fax: 020 8 930 7375

Website: www.manorhousecentre.org.uk

Service Information

counselling training

Service Access

Opening Times: Thursday evening & Friday daytime

Wheelchair Access: No

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



The Monday Club

Address Details

North Western Reform Congregation
Alyth Gardens
Barnet
London
NW11 7EN
Email: dennissher@hotmail.com
Phone: 020 8 458 3506
Fax: 020 8 458 3506
Website: www.alyth.org.uk

Service Information

The Monday Club is a group for people with learning difficulties that offers a variety of activities led by professional instructors in art, drama and music therapy, as well as "Stretch-and Exercise" and sing-a-longs.

Service Access

Opening Times: monday, 7.30pm - 9.30pm
Catchment Area: north london
Age Limit: adults
Public Transport: Golders Green Station Nos 82 or 460 bus
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: No
Mental Health Worker Referral: No



Tikva

Address Details

65 Fairholt Road

London

N16 5EW

Email: tikvahope@btconnect.com

Phone: 0208 234 3058

Service Information

We run services for parent-carers for adults with learning disabilities within the Orthodox Jewish community. This comprises a support group and relaxation sessions for carers as well as respite opportunities and breaks for their 'children' with disabilities.

To provide valued time for parent-carers concentrating on their self expression and to provide respite services and breaks which will benefit both carers and their adult children, To set up a residential project for the disabled adults.

Service Access

Opening Times: office runs Mon-Thurs on a part time basis

Catchment Area: Usually London. But some of our services may be open to people from other areas

Age Limit: 16+

Public Transport: N/A

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



United Synagogue Visitation Committee

Address Details

44b Albert Road

London

NW4 2SG

Email: sue.soloway@jvisit.org.uk

Phone: 020 8 457 9709

Fax: 020 8 457 9707

Service Information

We provide and train chaplains and lay visitors to visit Jewish patients who are in NHS Hospitals in England

Recruit and train Rabbonim and lay visitors who will visit Jewish patients in NHS hospitals

Prison visitation - providing Rabbonim and lay visitors to visit in HMP Establishments in England and Wales

Service Access

Opening Times: 10am to 5pm - Mondays and Thursdays 10am to 1pm - Tuesdays

Catchment Area: London and England

Age Limit: none

Public Transport: n/a

Wheelchair Access: Not Needed

Self Referral: Yes

GP Referral: Not Needed

Mental Health Worker Referral: Not Needed



Yad Voezer

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

A range of services for people with learning disabilities and mental health illness.
Residential care, respite care, Supported Housing, Day care, Family Support etc.
Advice on benefits, Speech Therapy, holidays, clubs.

Service Access

Opening Times: Main office: Monday-Thursday 9am-5pm Fridays 9am-1pm Residential homes
24 hours
Catchment Area: Mainly North & North West London
Age Limit: no age limit
Public Transport: 106 & 253 bus close to Main Office & Day Centre Manor House & Finsbury
Park Underground stations within easy reach of all services
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Yad Voezer, Benefits Advice

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Advice on benefits.

A free Benefits Advice Service is offered aimed at meeting the special requirements of people with learning disabilities or mental health problems in the orthodox Jewish community. Families are helped to fill in relevant forms and advised as to maximum eligibility. Support and advocacy are offered at Tribunals to overthrow negative decisions.

Residential care, respite care, supported housing, day care, family support, speech therapy, holidays, clubs.

Service Access

Opening Times: 9.00am-5.00pm

Catchment Area: International

Age Limit: N/A

Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Yad Voezer, Clubs

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Social clubs for children and adults with learning disabilities or mental health problems. Yad Voezer runs single sex clubs for children and adults with learning disabilities or mental health problems. They offer many different activities including art therapy, music and dancing, drama, games, videos, sports and outings. Members socialise in a relaxed atmosphere and can make themselves tea, coffee and refreshments. The clubs are a valuable opportunity to explore new skills in an accepting and encouraging environment. All staff are well-trained, experienced and friendly. the amount of provision required is assessed by Social Services and funding is dependent on the level of care.

Residential care, respite care, supported housing, day care, family support, advice on benefits, speech therapy, holidays.

Service Access

Opening Times: Men and boys: Monday, Wednesday, Thursday 4.30-6.30pm, Sunday 10.00-2.00pm Women and girls: Tuesday 6.00-8.30pm and Sunday 1.30pm - 5.30pm In school and college holidays full day programme of outings or interesting and varied indoor activities.

Catchment Area: Greater London

Age Limit: 12 +

Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Yad Voezer, Day Care

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Day care facilities

Building work is almost complete on a large state of the art purpose built Day Centre in Hackney. At present, clients with learning disabilities or mental health problems follow Care Plans tailored to each individual's need. They are supported in learning independent living skills and how to integrate into society. many activities are offered such as drama, music therapy, sports and games, arts and crafts, as well as IT Training. Employment opportunities are also available. There is a Snoezelen Interactive multi-sensory room where people can relax and unwind.

Residential care, respite care, supported housing, family support, advice on benefits, speech therapy, holidays, clubs.

Service Access

Opening Times: 9.00am - 5.00pm

Catchment Area: Greater London

Age Limit: 12+

Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Yad Voezer, Family Support

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Family support, advice and signposting.

Yad Voezer's Family Support Department is the first port of call for access to our services. People are given emotional and moral support and pointed in the right direction for assistance. Welfare and Benefits Advice are given and advocacy provided where necessary. Hebrew and Yiddish speaking staff available.

Residential care, respite care, supported housing, day care, advice on benefits, speech therapy, holidays, clubs.

Service Access

Opening Times: 9.00am-5.00pm

Catchment Area: National

Public Transport: Manor House Underground, Stoke Newington British Rail,
106,253,149,76,141,341, buses.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Yad Voezer, Holidays

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Holidays for people with learning disabilities or mental health problems.

Yad Voezer provides Holiday Schemes for people with Learning Difficulties or mental health problems. These run during National and Jewish Holidays and School and College holidays. There are day outings or indoor activities. Hours: Mon-Fri 10am - 4pm Sundays 10am - 2pm During the summer there is a week's Residential Camp for men in Skeet, Kent and for Ladies in various other Holiday resorts. These are usually funded through Social Services according to the Client's needs assessment.

Residential care, respite care, supported housing, day care, family support, advice on benefits, speech therapy, and clubs.

Service Access

Opening Times: Monday to Friday 10.00am - 4.00pm, Sundays 10.00am - 2.00pm in holidays and 24 hour residential camp.

Catchment Area: National

Age Limit: 18+

Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.

Wheelchair Access: Yes

Self Referral: Yes

GP Referral: Yes

Mental Health Worker Referral: Yes



Yad Voezer, Residential Care

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Residential homes for men and women.

Yad Voezer manages two Registered Residential Homes for men and one for ladies. There are also two Supported Housing Projects for ladies. These are run in accordance with Orthodox Jewish Tradition under the supervision of the Union of Orthodox Hebrew Congregation (Kedassia). The Organisation has had accreditation from 'Investors in People' since 2000. Each resident has his/her own bedroom with ensuite washing facilities. The homes provide a full 24 hour support programme and are designed to meet the interests of a varied group. All residents take part in community events. Fees vary according to the level of support required. All homes conform to the highest standards of the Commission for Social Care Inspection.

Residential care, respite care, supported housing, day care, family support, advice on benefits, speech therapy, holidays, clubs.

Service Access

Opening Times: 24 hours
Catchment Area: National
Age Limit: 18+
Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Yad Voezer, Respite Care

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Respite care.

Yad Voezer offers respite to families of people with learning disabilities or mental health problems. Clients can enjoy many varied activities such as outings to places of interest or indoor creational and developmental programmes. Residential respite can take place in any of our three Registered Residential Care Homes or in our Day Centre. All staff are fully qualified and experienced. Funding is arranged through Social Services according to the client's needs. Residential care, respite care, supported housing, day care, family support, advice on benefits, speech therapy, holidays, clubs.

Service Access

Opening Times: 9.00am - 5.00pm or 24 hours in certain circumstances
Catchment Area: National
Age Limit: 12+
Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Yad Voezer, Speech Therapy

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Speech Therapy

Yad Voezer provides Speech Therapy to people with Learning Disabilities or mental health problems. We have a fully qualified and experienced Speech and Language Therapist. Sessions are held on Mondays 2-5.30pm. Yiddish, German and Hebrew are spoken. Referrals can be made through schools, Local Authorities or individuals. Residential care, respite care, supported housing, day care, family support, advice on benefits, holidays, clubs.

Service Access

Opening Times: Mondays 2.00pm - 6.00pm
Catchment Area: Greater London
Age Limit: 8+
Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



Yad Voezer, Supported Housing

Address Details

90 Queen Elizabeth's Walk
Hackney
London
N16 5UQ
Email: yadvoezer@btconnect.com
Phone: 020 8 809 2828

Service Information

Supported Housing

Yad Voezer manages two Supported Housing Projects for Women and one for single gentlemen who, whilst not requiring the high level of care provided in its Residential Homes, still require considerable support during the day and night. Our Projects have been hailed as model schemes by Local Authorities and are examples of how people with learning disabilities or mental health problems can be supported in living independently.

Residential care, respite care, supported housing, day care, family support, advice on benefits, speech therapy, holidays, clubs.

Service Access

Opening Times: 24 hours
Catchment Area: Greater London
Age Limit: 18+
Public Transport: Manor House Underground, Stoke Newington British Rail, 106,253,149,76,141,341, buses.
Wheelchair Access: Yes
Self Referral: Yes
GP Referral: Yes
Mental Health Worker Referral: Yes



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Agudas Israel Community Services

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Agudas Israel Housing Association Ltd

Background Information

Agudas Israel founded Schonfeld Sq. some eighteen years ago and it provides a therapeutic and stimulating environment for people with Alzheimers disease and general debilitation.

Two satellite organisations under the aegis of Aguda are Beis Rochel and 30 Dunsmore Rd. These provide supported living accomodation to people with mental health problems.

Beis Rochel, 52 Lordship Park, is a double fronted house comprising nine individual flats with cooking and bathing facilities as an integral feature in each flat. Beis Rochel provides a therapeutic environment with an individual programme designed for each tenant. The atmosphere is open and trusting with the relationship between staff and client based on being truthful, non judgmental and accepting. All clients are encouraged to think about moving on and this process is facilitated by staff input to each individual client and by providing the necessary skills for independant living.

30 Dunsmore is located in the heartland of Stamford Hill and provides supported living accomodation to seven men. Again individual support is provided to clients and outcomes demonstrate the successful results this approach is having.

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Ahada Bereavement Counselling

Background Information

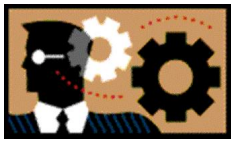
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Arbib Lucas Charity

Background Information

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Bikur Cholim D'Satmar Trust (BCDT)

Background Information

Bikur Cholim D'Satmar Trust's mission is to relieve the effects of sickness, poor physical and mental health and old age, for people of the Charedi community in North London by assisting with the provision of support, facilities and services.

Established in 1979, in response to a local tragedy, Bikur Cholim D'Satmar was founded so as to ensure that no person would have to battle the challenges of illness and disability on their own. Three decades since we were first established our commitment to this ideal remains as principal as ever.

Although there is not much that can be done to prevent illness, there is a lot that can be done to reduce the pain that accompanies it. Bikur Cholim D'Satmar's longstanding trademarks of dedication, sensitivity, compassion and confidentiality have enabled us to meet the individual needs of each of our service users.

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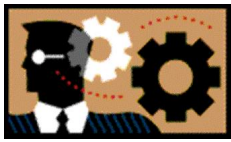


Birnbeck Housing Association Ltd

Background Information

A Housing Association

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Chevrat Bikkur Cholim (Friends of the Sick)

Background Information

Chevrat Bikkur Cholim has been in existence for over 60 years. It provides a vital service to the community by helping the elderly, disabled or sick people cope with their daily routine. Our carers are not licensed to provide personal care.

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Chizuk

Background Information

Chizuk was founded in 1996 in response to Community Care legislations. It services primarily the Orthodox community, but no one is ever turned away without appropriate help. Services are delivered in accordance to Jewish law and it particularly sensitive to the cultural and religious needs of the orthodox Jewish Community. The community is based in three main cities, London, Manchester and Gateshead Chizuk is recognized by the union of Orthodox Hebrew Congregations, Department of Health, Department of Children, School and Families, Local Primary Care Trusts and Mental Health Trusts and Local Authorities. Chizuk works collaboratively with other organizations in the community who have an interest in health and social care as well as playing its part in the wider community representing the views of the Chareidi (strictly orthodox) community on mental health.

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Drugline

Background Information

Drugline provides a comprehensive range of services for those struggling with addiction as well as offering free, impartial support and information to concerned family and friends.

Since its foundation in 1991, Drugline has reached many thousands of people and has expanded its services to include education, counselling and support.

Drugline sees the importance of preventative education and places great emphasis on drugs and alcohol awareness education. A major part of our work is a unique schools [outreach education programme](#), openly discussing the reality of addiction and drug abuse with young people and teenagers.

We operate a freephone [crisis & support line](#) and drop-in centre as the first point of contact.

Drugline's team of outreach educators, qualified professional counsellors and trained volunteers are dedicated to providing services of the highest quality.

Drugline works with the Redbridge Drug and Alcohol Action Team.

Registered Charity Number 1067573

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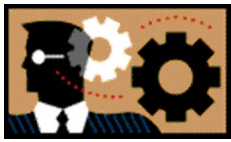


Empathy

Background Information

Launched in 2007

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Ezer Leyoldos

Background Information

Ezer Leyoldos supports children and families in the Orthodox Jewish community. Our mission is to ensure that children are safe and secure, enjoy good emotional and physical health and have the opportunity to reach their full potential. Our aim is to help families that are experiencing difficulties to function effectively, harmoniously and independently; promoting a stable environment and providing positive outcomes for children.

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Ezer North West

Background Information

Founded in 2000 to serve the needs of the Jewish community NW London. Since then we have helped families further afield.

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In Touch/Kids United

Background Information

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Industrial Dwellings Society (IDS)

Background Information

IDS was established as the Four Per Cent Dwellings Company in 1885 by a group of Jewish philanthropists who hoped to relieve the overcrowding in homes in the East End of London.

In 1952, it became the Industrial Dwellings Society (1885) Ltd.

Today, IDS manages over 1,400 properties in Hackney, Redbridge, Barnet, Tower Hamlets and Southwark.

The housing stock includes flats, houses, sheltered housing, accommodation for people with special needs, as well as a number of shared ownership properties.

We currently employ fifty staff, including residentially-based teams.

We have an on-going development portfolio, and enjoy enviable performance statistics in housing management and tenant satisfaction. We are preferred partners of the London Boroughs of Hackney and Redbridge for the provision of housing for the Jewish community.

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Interlink Foundation

Background Information

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Jami

Background Information

JAMI is a recovery orientated mental health charity founded in 1989 by parents, relatives and friends of people with mental ill health. JAMI offers a range of culturally specific services for Jewish people who have a severe and enduring mental illness.

The organisation is committed to working alongside statutory services to provide a high quality community-based service which enables people to maximise their potential and take control of their own recovery.

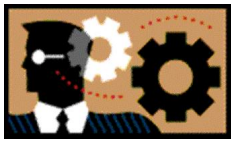
JAMI House day centre offers a range of opportunities that support people to maintain as independent a life as possible. Attendance at JAMI House can give meaning and purpose to the day. It offers the safety and security that so many people require. However with the support and encouragement from staff and trained volunteers people are able to rediscover lost independence and social skills.

Social workers are available to offer advice, advocacy and support to all service users or carers following telephone or internet contact.

JAMI also provides an outreach service visiting people in mental health units. This service is carried out by a group of dedicated volunteers who provide a much needed link between those in hospital and the Jewish community. This work is especially important around the Jewish Festival celebrations when people may feel removed from their own communities. Volunteers also visit service users in group homes and residential care accommodation.

In addition, we run a charity shop which is partially staffed by service users, a carers support group, and a befriending project which matches volunteers with isolated service users.

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Jewish Bereavement Counselling Service

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Jewish Care

Background Information

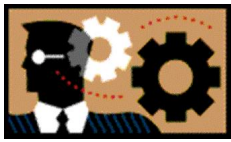
Jewish Care was created in 1990, through the merger of two charities, to ensure we could provide the best care for the community's needs in the most cost-effective way.

Since then, we have built up strong links and merged our work with other Jewish charities in order to maintain our vision of high quality care for the community.

The following organisations and agencies now come under the umbrella of Jewish Care:

- Jewish Welfare Board
- Jewish Blind Society
- Jewish Home and Hospital at Tottenham
- Food for the Jewish Poor (Soup Kitchen)
- British Tay-Sachs Foundation
- Waverley Manor (Friends of the London Jewish Hospital) - now Clore Manor
- Brighton and Hove Jewish Home - now Hyman Fine House
- Stepney Jewish (Bnai Brith) Clubs and Settlements
- Sinclair House - Redbridge Jewish Youth and Community Centre

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Jewish Community Housing Association

Background Information

Jewish Community Housing, has also been known as Bnai Brith JBG Housing, the name was changed in 2005. The Association specialises in sheltered housing and as such is the largest provider of sheltered and supported housing in the UK and also within the Jewish Community.

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Jewish Helpline Ltd

Background Information

We have many years' experience of providing a listening service to callers, offering them the opportunity to talk and be heard in a confidential and non-judgmental environment.

The line supports all callers regardless of religious commitment, age or gender.

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Jewish Marriage Council

Background Information

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Jewish School Services

Background Information

Jewish School Services (JSS) started its life in 2005 as the crisis prevention and early intervention arm of The Clubhouse. JSS recognises that most of the young adults who end up in crisis or excluded from society had a negative school experience, and struggled with their studies, with friendships or with their own identity at school.

Now as an organisation in its own right, JSS believes that “prevention is better than cure”, through early identification of children at school who are at risk, long before they are excluded from school, from their families or from yeshivos and seminaries. Often their teenage life crisis is caused by lack of emotional well-being in school, and learning challenges that have not been identified or addressed.

At JSS we tackle this head-on by working within schools to provide emotional and learning support to individual students, using a holistic approach that looks at all the needs of the child; and training headteachers, senior staff, Rebbes and SENCOs to be more aware of the needs of all their students.

We introduce innovative programmes such as personalised learning mentoring, life skills development courses and creative partnerships with teachers and families.

Since schools have to concentrate on subject tuition and examinations rather than personal development, JSS also partners with schools to develop mentoring and coaching skills in their staff, enabling them to identify pupils' issues at an early stage (even in primary school) and to understand and support their challenges.

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Jewish Volunteering Network

Background Information

The concept of the Jewish Volunteering Network, JVN, started when one of the founding members decided she had spare time on her hands and would like to volunteer but did not know where to start. It occurred to her how much easier it would be to have a portal where all Jewish charities could promote their vacancies. Since its inception JVN has grown into a source of information for charities and volunteers alike and actively promotes volunteering in the Jewish community.

JVN is a national charity connecting people across the community. We work across the voluntary, public and private sectors to raise the profile of volunteering within the Jewish community. Our highly developed website helps volunteers find suitable opportunities and our telephone helpline offers a bespoke matching service for specific projects.

Whether you choose to give one hour a week to a local organisation, one month contributing to a national campaign or go volunteering abroad, JVN matches volunteers with the right opportunities to fit their interests and skills. We are proud to have hundreds of charities in our network offering roles as varied as delivering meals, putting on pantomimes, making food parcels, writing websites as well as administration, hands on social welfare projects and fundraising.

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Jewish Women's Aid (JWA)

Background Information

Jewish Women's Aid was established by volunteers in 1992, whose first project was to establish a national helpline for Jewish women facing domestic violence. That helpline is still a vital first point of contact for women making their first tentative steps to seeking help, and had more than 1000 calls last year.

The subsequent 15 years have seen a great expansion in activity, with the volunteers now supported by a dedicated professional team. Central to our current work is our refuge in London, which provides a vital haven for women starting on the path to rebuilding their lives. It is the only kosher and observant refuge in Europe, meaning it is suitable for women of all levels of religious observance. With room for 8 women and 12 children, it is nearly always full.

And of course this is just a tiny fraction of the Jewish women who need our help. A very important and growing area of JWA is the work we do with women in the community. In the last year, we have seen over 100 clients and this is expanding month by month. This means we can help women and their children in a huge variety of practical ways, whether it be legal, financial, emotional or practical. Our counselling service is also growing. Last year we saw 36 clients – all seen by professional therapists.

We want to stop the violence before it starts, which is why our education programmes in schools, aimed at different ages, are so important. All of our community awareness work, which includes presentations to adults too, alerts victims and children of victims to our existence and the help that is on hand.

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Kisharon

Background Information

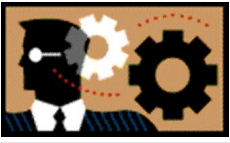
Founded in 1976, Kisharon now comprises a family of services that provide lifespan services for people with learning disabilities. These include an integrated (special needs and mainstream) Nursery, Day School, College, Day Opportunities Centre, Business Centre, residential care home, supported living serve, and Day Opportunities service based in Stamford Hill.

Kisharon serves approximately 110 service users (2008 figure).

All services are open during normal working hours (9.00–4.30) except for Tuffkid Nursery (9.00–1.00) and, of course, the residential services which function round the clock.

Initial contact with all services should be made via Kisharon Head Office: 1011 Finchley Road, NW11 7HB, (020) 8731 7009 or email info@kisharon.org.uk.

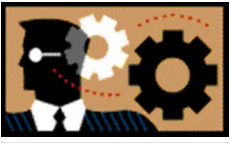
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Langdon Foundation

Background Information

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Miyad: Jewish Telephone Crisis Line

Background Information

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Nightingale

Background Information

The charity's origins go back to 1840 and it has been on its current site in Clapham South West London for over 100 years. The Home is widely considered to be a leader in its field, providing first class standards of care for the most frail and vulnerable members of the Jewish community. The standards of care at Nightingale remain of the highest order as recognised by The Commission for Social Care Inspection which awarded it the maximum 3-star accreditation.

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Norwood

Background Information

With a history stretching back over two hundred years Norwood is the result of a merger of two major Jewish charities.

Norwood has cared for children since 1795, when a group of influential members of the Jewish community established the Jews' Hospital and Asylum in Mile End, East London.

Developing from this was one of the largest and most respected childcare institutions in the Jewish community institutions the Jewish Orphanage at Norwood, South London. It provided residential care for large numbers of children from the 19th century until its closure in the 1960s.

During this time many smaller family units with house parents were set up across London. The organisation entered the world of social services and established Norwood Child Care. By 1996 a comprehensive range of services were offered including day care, residential homes, fieldwork and the Norwood Jewish Adoption Society.

In 1996 the organisation merged with Ravenswood and a village, accommodating adults with learning disabilities, was added.

The modern day Norwood believes that regardless of disadvantage or disability, everyone should receive the support they need to reach their potential and enjoy life to the full.

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Raphael Jewish Counselling Service

Background Information

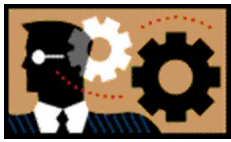
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Step by Step

Background Information

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Talking Matters Wellbeing Centre

Background Information

Main Aims: Talking Matters promotes stress prevention in the Orthodox Jewish Community (OJC) through the provision of talking and complementary therapies, counselling training, group work, information in mother tongue, research and cultural awareness training seminars (CATS) to gentile service providers.

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The Hope Centre

Background Information

The Hope Centre for Cognitive Education was opened in 1996 by British parents of children with special needs who had received help from educational psychologist Professor Reuven Feuerstein's Jerusalem-based Institute. Their aim was to create a centre of excellence in the UK to enable children with learning difficulties to reach their full potential through the Feuerstein methodology as well as to provide training courses for professionals, parents and carers in the use of Feuerstein's techniques.

In May 2008 the Hope Charity joined Norwood's umbrella of children and family services. The expertise provided by Hope will complement Norwood's Binoh service, as well as Norwood's planned involvement with the Special Education Resource Unit at JCoSS.

Reuven Feuerstein's methodology is based on the belief that every individual's learning capacity can be enhanced throughout life. His theory of Structural Cognitive Modifiability holds that every human being is capable of change beyond their present level of functioning, despite barriers which have been traditionally regarded as insurmountable such as age, the cause of the condition or its severity.

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The Manor House Centre for Psychotherapy and Counselling

Background Information

The Manor House Centre for Psychotherapy and Counselling (MHCCPC) provides training for people working or planning to work in both paid and voluntary positions in the community. The Centre is in North London in a large historic Georgian house set in its own grounds and accessed by nearby Underground and Bus services. There are excellent teaching facilities, a library and cafeteria.

The Training Programme has developed over many years experience enabling students to work effectively and creatively within the counselling field, in the community and in specific work places. The term 'counselling' is used in many contexts and the variety of trainings and models can be confusing. The MHCCPC offers comprehensive training in psychodynamic counselling.

The MHCCPC believes there are no short cuts in either the treatment of emotional distress or in counselling training. Carefully structured Courses are offered and designed to give the student sufficient time to be able to absorb and implement the psychodynamic skills and techniques fundamental to working professionally within the therapeutic relationship at the most appropriate depth.

MHCCPC graduates take positions in the caring professions working both voluntarily and privately. The Training Programme is structured with this in mind and aims to provide a training based on psychoanalytic concepts which also focuses on the practical application of psychotherapeutic skills needed for both short and long term work.

On successful completion of either the Certificate in Counselling Skills or the Diploma in Psychodynamic Counselling and Therapy in the Community – which is accredited by the British Association for Counselling and Psychotherapy - students will be awarded the formal recognition of their achievement together with the knowledge that they are in possession of a solid foundation with which to embark on their chosen path.

The Manor House Centre for Psychotherapy and Counselling strives to provide equal opportunities and welcomes all applications from all sections of the community, regardless of age, race, religion, gender or sexual orientation.

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The Monday Club

Background Information

The Monday Club was started in the spring of 1972 by the Jewish Welfare Board, as a meeting place for Jewish people with learning disabilities. Over the years, the club has evolved and is now much more structured with weekly sessions led by professional instructors in drama, art, music therapy and stretch-and-exercise programmes as well as sing-a-longs. It is now open to people of all denominations with learning disabilities.

The club meets every Monday night from 7.30 until 9.30pm. Costs are 30p per session which also includes the best tea in London for 30p.

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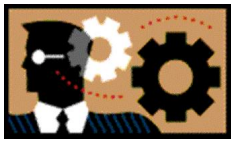


Tikva

Background Information

The organisation was founded in 2003 by parent-carers of adults with learning disabilities to improve services to this client group and to look at the needs of parent-carers. The aim was to set up quality services which would truly reflect need

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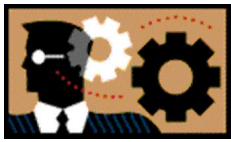


United Synagogue Visitation Committee

Background Information

The Visitation Committee, which is administered by the United Synagogue, trains and provides hospital and prison visitors to the entire Jewish Community.

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Yad Voezer

Background Information

Yad Voezer (A Helping Hand) was set up in 1975 to offer improved services for children and adults with a disability. It became a Registered Charity in 1978. Its services are run in accordance with orthodox Jewish tradition and its homes are under the supervision of the Union of Orthodox Hebrew Congregations (Kedassia). The Charity was founded by Rabbi & Mrs. Ephraim Landau and Mrs. Landau is currently the Chief Executive. Yad Voezer now manages three Registered Residential Homes and two Supported Housing projects among its other services. The organisation has maintained its accreditation as Investors in People since 2000 and strives to provide a high quality service in all of its projects. Yad Voezer is currently in the process of building a large Day Centre in Stamford Hill to provide vocational and leisure services, Family Support, clubs and social activities.

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